



HOLY SPIRIT CATHOLIC CHURCH

1396 Lynnhaven Parkway, Virginia Beach, VA 23453
Office: (757) 468-3600 | **Fax:** (757) 468-3342
Sacramental Emergency (after hours): (757) 904-3069
www.holyspiritvb.org | office@holyspiritvb.org
Facebook / Instagram / YouTube: **Holy Spirit VB**

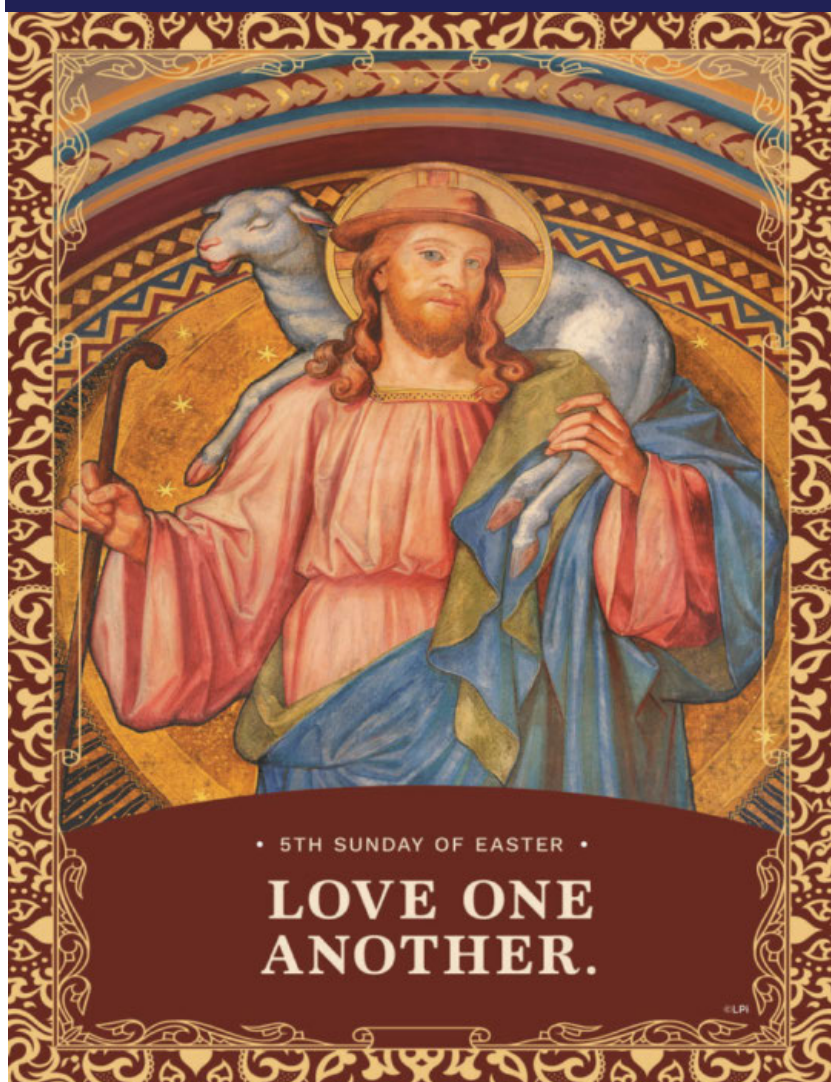
PARISH OFFICE HOURS:

Monday - Thursday: 9:00 am- 4:30 pm | **Friday:** 9:00 am - 12 pm

OUR MISSION

A Catholic community living the apostolic mission to love God, love our neighbor, and make disciples.

MAY 18, 2025



WEEKEND MASS SCHEDULE

Saturday Vigil: 5:00 pm
Sundays: 8:00 am, *10:00 am & 12:00 pm

WEEKDAY MASS SCHEDULE

Tuesday and Thursday: 6:15 pm
Wednesday and Friday 8:00 am

**Livestream Mass*

HOLY ROSARY

Tuesday—Thursday: after Weekday Masses
Friday: 7:15 am (with Divine Mercy Chaplet)

SACRAMENT OF RECONCILIATION

Tuesday and Thursday: 4:00 pm through 5:30 pm

ADORATION OF THE BLESSED SACRAMENT

First Thursday of the month: 12:00 pm to 6:00 pm

SACRAMENT OF BAPTISM

Families will meet with Deacon Steve and are **required** to attend one (1) Baptismal Preparation Class in the parish if you are seeking the Sacrament of Baptism for children under 7 years of age. Contact the Parish Office for more information.

SACRAMENT OF FIRST RECONCILIATION AND FIRST EUCHARIST

Children are required to register and attend Religious Education classes for the current school year in order to participate in the Sacramental Preparation program for First Reconciliation and First Eucharist. Contact the parish office for more information.

SACRAMENT OF CONFIRMATION FOR YOUTH

One-year preparation beginning in 10th Grade is required. Contact the parish office if your child is in the 10th grade and would like to receive the Sacrament of Confirmation.

SACRAMENT OF MATRIMONY

In the Diocese of Richmond, couples planning to be married in the Catholic Church should notify Father Anthony at least 6 to 9 months prior to requesting a wedding date.

ANOIDING OF THE SICK

Christ strengthens our faith and bestows God's grace in a time of anxiety and pain. Please call the Parish office to make arrangements to celebrate this sacrament if you are ill, facing surgery or enduring current illness.

SACRAMENT OF HOLY ORDERS

Contact Father Anthony in the Parish office or the Office of Vocations (804) 359-5661 or via email at vocations@richmonddiocese.org, if you are discerning a call to the priesthood or consecrated life.

THE ORDER OF CHRISTIAN INITIATION OF ADULTS

Individuals interested in learning about the Catholic Church or entering the catechumenate, please contact Deacon Bob Smithberger in the parish office. Inquiry is welcome at any time.



THIS WEEK AT HOLY SPIRIT*(Subject to change, please check our website or call the Parish office)***PLEASE SILENCE ALL CELL PHONES
AND ELECTRONIC DEVICES DURING MASS.****Public/Livestream***SUNDAY, MAY 18**

8:00 am Mass
Parishioners of Holy Spirit

10:00 am * Mass
All Souls in Purgatory †

12:00 pm Mass
Monica Gonzalez & Family

1:30 pm Wild Goose (B)

4:00 pm Stepping Stones—AA (L)

6:00 pm Life Teen (A)

6:00 pm Wild Goose (Cen)

MONDAY, MAY 19

6:00 pm SVDP Outreach Ministry Office hours

6:30 pm Middle School EDGE (A)

6:30 pm Wild Goose (Cen)

6:30 pm First Communion Retreat—Make up (MPR/WS)

TUESDAY, MAY 20

10:00 am SVDP Outreach Ministry Office hours

12:00 pm JCOC Food Prep (K/B)

4:00 pm Reconciliation (Ch)

6:15 pm Mass/Rosary (WS) *Randy Aceveda †*

7:00 pm Wild Goose (B)

7:00 pm Jubilee Sub-Committee Meeting (L)

WEDNESDAY, MAY 21

8:00 am Mass/Rosary (WS) *All Souls in Purgatory †*

7:00 pm Parish Council (L)

THURSDAY, MAY 22

8:00 am Mass (WS) / Rosary (Ch) *Dorothea Mojares*

10:00 am SVDP Outreach Ministry Office hours

7:00 pm Confirmation Mass with Bishop Knestout (WS)

8:00 pm Confirmation Reception (B)

FRIDAY, MAY 23

7:15 am Rosary/Divine Mercy Chaplet (WS)

8:00 am Mass (WS) *Jan Herrera †*

8:30 am Potluck Breakfast Social Gathering (B/K)

9:00 am Bible Study—Faith Sharing Community (L)

10:30 am Wild Goose (L)

SATURDAY, MAY 24

5:00 pm Mass (WS)
Jim Latham †

IMPORTANT ANNOUNCEMENT

The daily Mass on Thursday, May 22, will be celebrated at 8:00 am due to the Confirmation Mass at 7:00 pm. The Sacrament of Reconciliation is cancelled on Thursday, May 22.

PARISH CLERGY AND STAFF(757) 468-3600 | office@holyspiritvb.org**Pastor / Ext 103**Rev. Anthony Mpungu | FrAnthony@holyspiritvb.org**Deacons / Ext 109**Rev. Mr. Robert Smithberger | deaconbob@holyspiritvb.orgRev. Mr. Steve Kuczma | deaconsteve@holyspiritvb.org**Business Manager / Ext. 115**Lani Ulep mulep@holyspiritvb.org**Director of Liturgy & Music / Ext. 114**Erin Laurence elaurence@holyspiritvb.org**Coordinator for Faith Formation & Sacramental Prep / Ext 108**Jenny Scharf jscharf@holyspiritvb.org**Asst. Coordinator for Faith Formation / Ext. 113**Donna Consola dconsola@holyspiritvb.org**Parish Secretary / Ext 116**Joy Palm jpalm@holyspiritvb.org**Bookkeeper / Ext. 117**Anne Smithberger asmithberger@holyspiritvb.org**Facilities Maintenance Assistant** Josh Gora**Pianist/Organist** Richard Dettbarn**Website Coordinator** Diana Ramos**PARISH COUNCIL**

Charlie Chan

Amy Cheatham

Judee Clamor

Marivic Ellorin

Ian Fajardo

Tim Hatton

Ken Hobbs

Linda Kuehn

George Onodu

PRAYER REQUESTS**FOR THE SICK****Fr. Danny Cogut, Robert Borja**

Pray for all the names listed in our book of intentions.

† FOR THE DECEASED †

We extend our sincere sympathy and prayers to the family and friends of all who lost a loved one.

Angie Aflague

Pray for all the names listed in our book of remembrance.

Eternal rest grant unto them, O Lord. Let perpetual light shine upon them. May they rest in peace. Amen.

**BULLETIN SPONSOR OF THE WEEK**

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Holy Father,
POPE LEO XIV

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SOCIETY OF ST. VINCENT DE PAUL

www.SVDP-HolySpirit.org

SVDP Office number: (757) 468-1533

svdp@holyspiritvb.org

**Outreach Office Hours:**

Monday 6:00 pm to 8:00 pm

Tuesday & Thursday: 10:00 am to 12:00 pm

FOOD PANTRY NEEDS

This week, we are most in need of:

Cans of chunk chicken

Peanut butter

Jam/Jelly

Please place your non-perishable donations on the wire rack in front of the parish office. Thank you.

Thank you for your generosity!

CATHOLIC FEST**Catholic Fest**

October 11, 2025

The Diamond, Richmond

Join Bishop Knestout and the entire diocese at a one-day festival in Richmond. The day will be full of music, food, fun, fellowship, faith, and celebrating the Mass as the Diocese of Richmond.

For more info: <https://catholicfest.richmonddiocese.org/>

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Because of their support, our bulletin is printed at **no cost to our parish**. Please consider supporting their businesses, and we encourage you to advertise your own business in our bulletin. **Help us spread the word—invite others to place an ad here too!**

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Carey Woodington from LPi, our bulletin printer, will be securing new ads for our church in the upcoming weeks. As a valuable member of the business community, we invite you to expand your reach and grow your business with a print ad in our parish bulletin and/or a digital ad featured on ParishesOnline.com.



Carey Woodington
757-536-2262 | 757-279-8966 x 8966
cwoodington@4lpi.com

UPCOMING PARISH EVENTS***Holy Spirit at 50 ... Moved by the Spirit!***

February 16 - June 3 (weekly) - Wild Goose Series

June 7, 2025 - Pentecost Vigil and Potluck

June 22, 2025 - Golden Jubilee Mass

June 22, 2025 - Choir Concert and Reception

September 6, 2025 - Fruits of the Spirit Picnic

September 27, 2025 - Jubilee Golf Tournament (\$)

October 17, 2025 - Golden Jubilee Gala (\$)



www.holyspiritvb.org

**PENTECOST VIGIL & POTLUCK
JUNE 7TH**

Vigil Mass for Pentecost will be celebrated at 4:00 pm Mass. It will be followed by potluck celebrating our parish's 50th Anniversary. Potluck sign up is available at the round table in the commons. Monetary donations are accepted in lieu of food donation.

COMMEMORATIVE FLEECE JACKET

**50TH ANNIVERSARY
COMMEMORATIVE
FLEECE JACKET**

\$35.00

Order Forms available in the parish office.

WILD GOOSE

February 16 - June 3, 2025

THE WILD GOOSE
DISCOVERING A RELATIONSHIP WITH THE HOLY SPIRIT
A 14 PART SERIES

MONDAY 6:30 PM - CENACLE

TUESDAY 7 PM - ACTIVITY B

FRIDAY 10:30 AM - LIBRARY

SUNDAY 1:30 PM - ACTIVITY B

SUNDAY 6 PM - CENACLE

BORROWED PYX

Please return borrowed pyx to the Parish Office.

**YOU ARE
Welcome Here**

SUPPORT HOLY SPIRIT THROUGH ONLINE DONATION

Simply scan the QR code to donate securely online. Your contribution, no matter the size, helps us continue our work and reach more people with the love of Christ. Thank you for your faithfulness and support!



NIGHT MANAGERS NEEDED!

This ministry serves an important role in keeping the church building and parishioners safe and secure. An assigned person each weeknight assumes responsibility for opening and closing the parish, receiving and greeting visitors and parishioners, and is responsible for the safety and security of the facilities and all who are using it during evening hours. This is scheduled on a rotating basis from Sunday-Thursday from 6:30 pm—9 pm.

If you are interested or would like more information, contact Lani in the parish office at 757-468-3600 or by email at mulep@holyspiritvb.org

Please note: The Diocese of Richmond requires **ALL** volunteers to complete a yearly background check and VIRTUS training every five years.

WE ♥ OUR VOLUNTEERS

MAY CROWNING OF THE BLESSED VIRGIN MARY



Join us for the annual May Crowning of the Blessed Virgin Mary. Bring a flower to offer to our Holy Mother. Sponsored by Sisters in Faith.

Wednesday, May 28 at 7 pm.
All are welcome!

HOLY SPIRIT NIGHT WITH THE NORFOLK TIDES



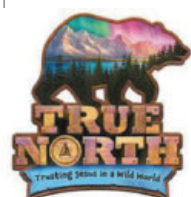
Join Holy Spirit's Men's Club to see the Norfolk Tides play the Lehigh Valley Iron Pigs on Friday, May 30th @ Harbor Park.



First pitch is 6:35 pm. **Tickets cost \$16 per person.** Kids 12 and under are free with a paying parent. Tickets will be on sale after all Masses on May 17/18 and May 24/25.

Contact Sam Nobles (757) 288-4350 for questions.

SAVE THE DATE: VACATION BIBLE SCHOOL



2025 Vacation Bible School (VBS)
When: July 14—19, 2025
Hours: 9:00 am—12:00 pm

REGISTRATION WILL OPEN SOON!

RELIGIOUS EDUCATION CLASS

Grades K—5 Classes will resume in the fall.

Grades 6-8: (Middle School EDGE)

Last day of classes for this year is on Monday, 5/19.

Grades 9-12: (Life Teen)

Last day of classes for this year is on Sunday, 5/18.

All Faith formation religion classes will resume in the fall.
Registration will be available in the summer.

For more information, contact Jenny Scharf at extension 108 or Donna Consola at extension 113 in the parish office.

CHILDREN'S LITURGY OF THE WORD (CLOW)

We are looking for volunteers and aides for Children's Liturgy of the Word (CLOW) during the 10 am Mass.

If you are interested or would like more information, contact Donna Consola in the parish office at ext. 113 or by email at dconsola@holyspiritvb.org

VOLUNTEER REQUIREMENT

The Diocese of Richmond requires **ALL** volunteers complete a yearly background check and VIRTUS training every five years.

LOW GLUTEN HOST

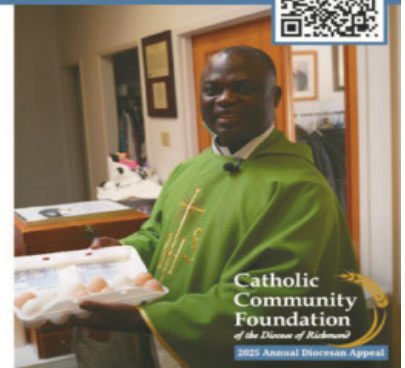
If you are in need of a low-gluten host at Mass, please contact the Parish office.

ANNUAL DIOCESAN APPEAL

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Diocesan Appeal
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SECOND COLLECTION FOR HOME MISSIONS



Next week we will take up the Catholic Home Missions Appeal. Today, nearly 40% of dioceses in the United States and its current and former territories are unable to fund the essential pastoral work their communities need. Your support for this appeal helps them meet these faith formation and sacramental needs. Please prayerfully consider how you can support this appeal.

Find more information at www.usccb.org/home-missions.

CATHOLIC LIFE EXPLAINED WHY DO WE DO THAT?

GOOD AND EVIL

©LPI

Question:

If God is good, why is there evil in the world?

The problem of evil is perplexing. If God is all-powerful and all-good, why doesn't He stop bad things from happening? He must either not be all-powerful, or perhaps He's not very good after all. Human beings have faced the possibility of evil since the very beginning of our existence. In granting us free will, God gives us the ability to make free choices. God does not force us into moral perfection. We are not forced to love Him or to love our neighbor. We must make the decision ourselves. This means, of course, that we have the ability to choose against love.

One small decision of selfishness, jealousy, or pride may not seem so bad. But every decision — good or bad — is like a stone dropped into a still pond. The ripples extend much farther than the original stone. When decisions against love begin to compound, they affect families, neighborhoods, and nations. This is all the more reason for Christians to be faithful to our baptismal call to love one another as Christ has loved us!

LIVE THE LITURGY INSPIRATION FOR THE WEEK

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If you love like me, Jesus tells his disciples, they will know you are mine. We shouldn't leave any room for doubt in the minds of each and every person we encounter. Let the whole world know: we love like Christ, and we belong to Christ.

CATHOLIC TRIVIA

©LPI

Question: *What is another name for a priest's sermon?*

Answer: Homily.

HOMEBOUND MINISTRY

If you are unable to attend Mass due to illness, call the Parish office to request communion brought you.



©LPI

ASSISTANCE DURING COMMUNION



Parishioners who are unable to walk in the communion line to receive the Eucharist during weekend Masses are asked to inform an Usher **before** Mass begins each week. This will ensure that the head usher directs the

Deacon and/or the Extraordinary Minister of Holy Communion (EMHC) to your seat with the Host and that you do not miss the opportunity to receive the Lord.

GOSPEL MEDITATION ENCOURAGE DEEPER UNDERSTANDING OF SCRIPTURE

©LPI

I've always found it amazing that Jesus never says to his disciples the straightforward and bumper sticky words "I love you" or "I will always love you" (a la Dolly Parton's song). Why doesn't Jesus say, "I love you"?

Well, actually he does, but in particular ways. He says, "**As the Father loves me, so I love you**" (John 15:9) thereby rooting his love for us in the space of the Holy Trinity. This week he commands, "**Love another as I have loved you**" (John 13:34). He presents his love for us as a completed action which continues into the present moment. How has he loved us? By becoming one of us, one with us, and finally giving his life for us in his suffering on the cross. We weren't there when he did that, but neither were his Apostles (except one). Still, that action is his great "I love you" to us.

His love is also hedged in a command: "**Love one another.**" So how can we practically follow it? The great St. John XXIII wrote in his diary that each day he followed this rule: "Only for today, I will do one good deed and not tell anyone about it." The hidden nature of a good deed is a sign that it is truly loving. This week, take on St. John XXIII's practical method of following Jesus' great commandment of love. It's a splendid way to say, "I love you."

— Father John Muir

QUESTION OF THE WEEK REFLECT AND RESPOND TO THE SCRIPTURE

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FIRST READING:

Despite facing many hardships, Paul and Barnabas succeeded in preaching the good news of Jesus crucified and risen from the dead. How do you work through personal setbacks?

SECOND READING:

At the start of his final vision, John sees the age to come in which God comes to dwell with his people on earth and all tears, pain and even death itself is gone. Who in your life needs to hear this incredible message of hope?

GOSPEL:

Jesus modeled for his disciples how to love one another. Do you have friends or co-workers who show you how to love others?

BORROWED PYX

Please return borrowed pyx to the parish office.

READINGS FOR THE WEEK

Sunday: Acts 14:21-27/Ps 145/Rv 21:1-5a/Jn 13:31-33a, 34-35

Monday: Acts 14:5-18/Ps 115/Jn 14:21-26

Tuesday: Acts 14:19-28/Ps 145/Jn 14:27-31a

Wednesday: Acts 15:1-6/Ps 122/Jn 15:1-8

Thursday: Acts 15:7-21/Ps 96/Jn 15:9-11

Friday: Acts 15:22-31/Ps 57/Jn 15:12-17

Saturday: Acts 16:1-10/Ps 100/Jn 15:18-21

Next Sunday: Acts 15:1-2, 22-29/Ps 67/Rv 21:10-14, 22-23/Jn 14:23-29



PRAY FOR VOCATIONS

VOCATION MINISTRY



"I GIVE YOU A NEW COMMANDMENT: LOVE ONE ANOTHER."

Love is at the heart of every vocation. Take time to reflect on how God may be inviting you to live out His new commandment of love in a way that serves others. What does that call look like for you? Talk to your priest or reach out to the Diocesan Office of Vocations at (804) 359-5661 or via email: vocations@richmonddiocese.org.

PRAY FOR OUR SEMINARIANS

Rev. Mr. Andrew Clark, Rev. Mr. Samuel Hill, Rev. Mr. Matthew Kelly, Brennen McCoy, John Paul Shanahan, Michael Ancil, Scott Campolongo, Graham Fassero, Charlie Tamayo, William Yearout, David Hairston II, Chad Wilson, Peter Olbrych, Maximus McHugh, Jack Domark, Carl Baumann, Jonathan Kenney, Neal McCaffrey, Minh Tran, Aventon Grimes, Austin Alanis, Andrew Allen, Martin Beers, Tim Soukup, Carlos Gonzalez Jr, Martin Kroll

SUPPORT NEEDED FOR SEMINARIANS

Our seminarians could use letters of encouragement and support. If you are interested in lifting their spirits and encouraging them in their vocation to serve our Lord as future priests through cards or letters, contact the parish office for their address.

Thank you for supporting our seminarians.

ORDINATION OF DEACON SAMUEL HILL



SAVE
THE
DATE

PRIESTLY ORDINATION OF
REV. MR. SAMUEL HILL

JUNE 7TH
2025

CATHEDRAL OF THE SACRED HEART
RICHMOND, VA



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PRAYER FOR CHRISTIAN LOVE

Fill our hearts, O Lord, with Your love,
the deepest, richest, purest love any of us has ever known.
May Your love be our standard for love.
May Your love be what we bring
and communicate to the world.
May Your love define us as Christians,
made in Your image and likeness.
Amen.

POPE'S MONTHLY PRAYER INTENTION FOR MAY



FOR WORKING CONDITIONS

Let us pray that through work, each person might find fulfillment, families might be sustained in dignity, and that society might be humanized.

HEALING GRACE CD



Now available for purchase online on Apple iTunes Music and Amazon Music. Physical CD for \$15 each is still available at the parish office.

Finding hope through Scripture, reflections and prayer offered by Rev. Matthew Kiehl and Rev. Timothy Kuhneman.
Music by Erin Laurence and Justin Kauflin.

100% of the proceeds go directly to Holy Spirit Catholic Church

COLUMBARIUM SAFETY NOTICE

Please **DO NOT** leave **GLASS** vases when bringing flowers to loved ones in the Columbarium.

CYBERCRIME ALERT

If you receive a phone call, text or email from Father Anthony requesting money or gift cards, rest assured that it is a SCAM. Please do not engage, reply, or click on any links.

ADDRESS & CONTACT INFO CHANGE

If you have a change of address or contact info, please contact the parish office at (757) 468-3600 or by email at office@holyspiritvb.org so we can update our records. Thank you.

PARISH REGISTRATION

Why should you "officially" register as a parishioner at Holy Spirit Catholic Church?

It is a requirement for any type of sponsorship documentation, such as Baptismal Attestation to be a godparent for Baptism, or letters of good standing for Catholic schools.

Registration forms are available online at www.holyspiritvb.org or pick up a registration form at the information desk in the commons. Call the parish office if you have any questions.



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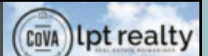
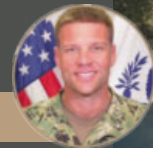
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