



HOLY SPIRIT CATHOLIC CHURCH

1396 Lynnhaven Parkway, Virginia Beach, VA 23453
Office: (757) 468-3600 | **Fax:** (757) 468-3342
Sacramental Emergency (after hours): (757) 904-3069
www.holyspiritvb.org | office@holyspiritvb.org
Facebook / Instagram / YouTube: **Holy Spirit VB**

PARISH OFFICE HOURS:

Monday - Thursday: 9:00 am - 12:30 pm and 1:30 pm - 4:30 pm
Friday: 9:00 am - 12 pm

OUR MISSION

A Catholic community living the apostolic mission
to love God, love our neighbor, and make disciples.

SEPTEMBER 28, 2025

WEEKEND MASS SCHEDULE

Saturday Vigil: 5:00 pm
Sundays: 8:00 am, *10:00 am & 12:00 pm

WEEKDAY MASS SCHEDULE

Tuesday and Thursday: 6:15 pm
Wednesday and Friday 8:00 am

**Livestream Mass*

HOLY ROSARY

Tuesday—Thursday: after Weekday Masses
Friday: 7:15 am (with Divine Mercy Chaplet)

SACRAMENT OF RECONCILIATION

Tuesday and Thursday: 4:00 pm through 5:30 pm

ADORATION OF THE BLESSED SACRAMENT

First Thursday of the month: 12:00 pm to 6:00 pm

SACRAMENT OF BAPTISM

Families will meet with Deacon Steve and are **required** to attend one (1) Baptismal Preparation Class in the parish if you are seeking the Sacrament of Baptism for children under 7 years of age. Contact the Parish Office for more information.

SACRAMENT OF FIRST RECONCILIATION AND FIRST EUCHARIST

Children are required to register and attend Religious Education classes for the current school year in order to participate in the Sacramental Preparation program for First Reconciliation and First Eucharist. Contact the parish office for more information.

SACRAMENT OF CONFIRMATION FOR YOUTH

One-year preparation beginning in 10th Grade is required. Contact the parish office if your child is in the 10th grade and would like to receive the Sacrament of Confirmation.

SACRAMENT OF MATRIMONY

In the Diocese of Richmond, couples planning to be married in the Catholic Church should notify Father Anthony at least 6 to 9 months prior to requesting a wedding date.

ANointing OF THE SICK

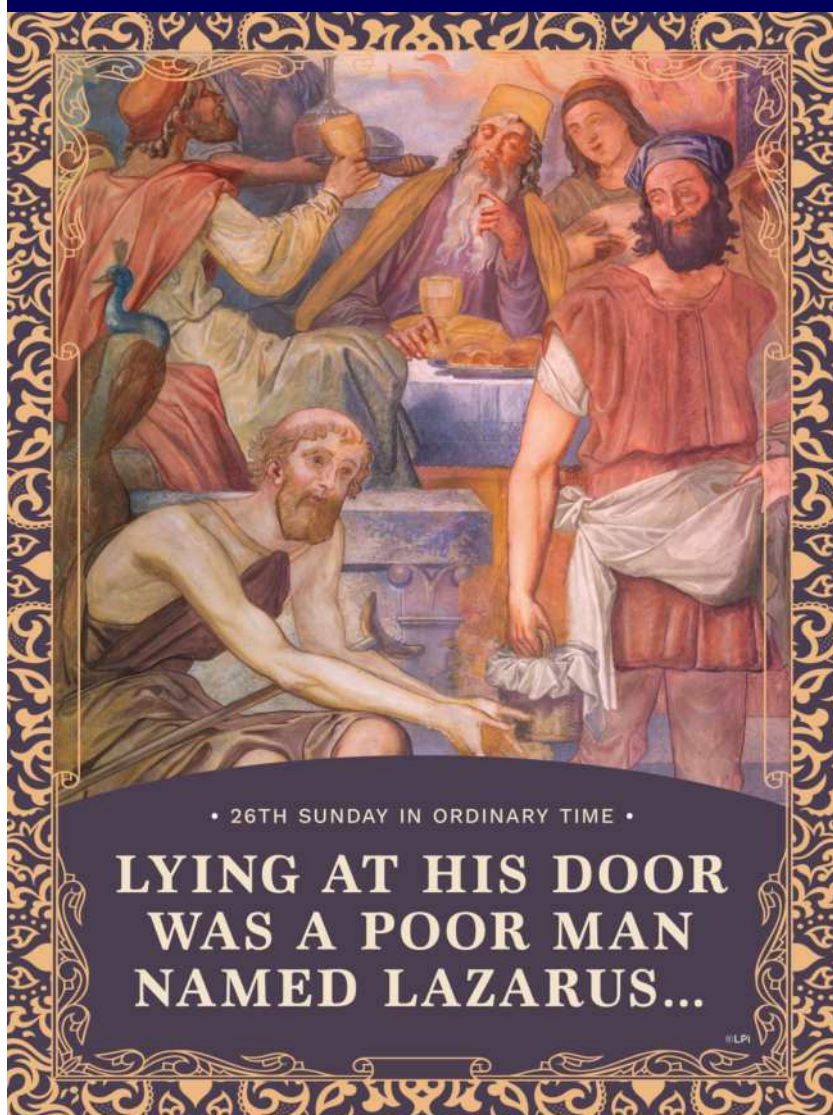
Christ strengthens our faith and bestows God's grace in a time of anxiety and pain. Please call the Parish office to make arrangements to celebrate this sacrament if you are ill, facing surgery or enduring current illness.

SACRAMENT OF HOLY ORDERS

Contact Father Anthony in the Parish office or the Office of Vocations (804) 359-5661 or via email at vocations@richmonddiocese.org, if you are discerning a call to the priesthood or consecrated life.

THE ORDER OF CHRISTIAN INITIATION OF ADULTS

Individuals interested in learning about the Catholic Church or entering the catechumenate, please contact Deacon Bob Smithberger in the parish office. Inquiry is welcome at any time.



THIS WEEK AT HOLY SPIRIT*(Subject to change, please check our website or call the Parish office)***PLEASE SILENCE ALL CELL PHONES
AND ELECTRONIC DEVICES DURING MASS.****Public/Livestream***SUNDAY, SEPTEMBER 28**

8:00 am Mass (WS)
Parishioners of Holy Spirit

10:00 am * Mass (WS)
Nestor & Yoli Mayor and Fr. Anthony Mpungu

11:30 am OCIA (L)

12:00 pm Mass (WS)
Socorro Llorente †
Linda Benitez †

1:30 pm—3 pm Faith Formation Grades K-5

3:45 pm Stepping Stones—AA (L)

6—8 pm Life Teen (A)

6—8 pm MS Edge (B)

**MONDAY, SEPTEMBER 29 FEAST OF SAINTS MICHAEL, GABRIEL,
AND RAPHAEL, ARCHANGELS**

12:30 pm JCOC Food Prep (B/K)

1:00 pm Small Communities (Cen)

6:00 pm SVDP Outreach Ministry Office

**TUESDAY, SEPTEMBER 30 MEMORIAL OF SAINT JEROME, PRIEST
AND DOCTOR OF THE CHURCH**

10:00 am SVDP Outreach Ministry Office

4:00 pm Reconciliation (Ch)

6:15 pm Mass / Rosary (WS) **Crisanto Sagayno †**

7:00 pm Lector Training (WS)

7:00 pm Adult Bible Study (B)

**WEDNESDAY, OCTOBER 1 MEMORIAL OF SAINT THÉRÈSE OF THE
CHILD JESUS, VIRGIN AND DOCTOR OF THE CHURCH**

8:00 am Mass/ Rosary/Novena (WS) **All Souls in Purgatory †**

10:00 am Sunshine Club Board Meeting (L)

12:15 pm Canasta Card Players (A)

7:00 pm Liturgy Committee Meeting (L)

THURSDAY, OCTOBER 2

10:00 am SVDP Outreach Ministry Office hours

12:00 pm Adoration of the Blessed Sacrament (WS)

4:00 pm Reconciliation (Ch)

6:15 pm Mass (WS) / Rosary (Ch) **Pilar & Ursula Mamaril †**
and Maria Spengler †

7:00 pm Adult Choir Rehearsal (WS)

7:00 pm Men's Club Meeting (B/K/Barn)

FRIDAY, OCTOBER 3

7:15 am Rosary / Divine Mercy Chaplet (WS)

8:00 am Mass (WS) **All Souls in Purgatory †**

8:30 am Potluck Breakfast Social Gathering (B)

9:30 am Bible Study— Faith Sharing (L)

SATURDAY, OCTOBER 4 FEAST OF ST. FRANCIS OF ASSISI

8:30 am OCIA Day of Prayer (A/L/K/WS/Ch)

10:00 am Lector Training (WS)

5:00 pm Vigil Mass (WS)
Parishioners of Holy Spirit

PARISH CLERGY AND STAFF**(757) 468-3600 | office@holyspiritvb.org****Pastor / Ext 103**Rev. Anthony Mpungu | FrAnthony@holyspiritvb.org**Parochial Vicar / Ext. 105**Rev. James Matovu | FrJames@holyspiritvb.org**Deacons / Ext 109**Rev. Mr. Robert Smithberger | deaconbob@holyspiritvb.orgRev. Mr. Steve Kuczma | deaconsteve@holyspiritvb.org**Business Manager / Ext. 115**Lani Ulep mulep@holyspiritvb.org**Director of Liturgy & Music / Ext. 114**Erin Laurence elaurence@holyspiritvb.org**Coordinator for Faith Formation & Sacramental Prep / Ext 108**Jenny Scharf jscharf@holyspiritvb.org**Asst. Coordinator for Faith Formation / Ext. 113**Donna Consola dconsola@holyspiritvb.org**Parish Secretary / Ext 116**Joy Palm jpalm@holyspiritvb.org**Bookkeeper / Ext. 117**Anne Smithberger asmithberger@holyspiritvb.org**Office Assistant**Kim Blanco kmblanco@holyspiritvb.org**Facilities Maintenance Assistant** Josh Gora**Pianist/Organist** Richard Dettbarn**Website Coordinator** Diana Ramos**PARISH COUNCIL**

Charlie Chan

Amy Cheatham

Judee Clamor

Marivic Ellorin

Ian Fajardo

Tim Hatton

Ken Hobbs

Linda Kuehn

George Onodu

PRAYER REQUESTS**FOR THE SICK**

**Tony Quitaro, Wilma Almendro,
Lou & Marie Talia, Tony Bonoan,
Carol Bondzio, Roberto Castillo,
Frank Kauflin, Betty Roupe**

Pray for all the names listed in our book of intentions.

† FOR THE DECEASED †

**We extend our sincere sympathy and prayers to the
family and friends of all who lost a loved one.**

**Linda Benitez, Rusty Gilera,
Rodney Keene**

Pray for all the names listed in our book of remembrance.

**Eternal rest grant unto them, O Lord. Let perpetual light
shine upon them. May they rest in peace. Amen.**

BULLETIN SPONSOR OF THE WEEK

Thank you to our sponsor.

Lydia Lacompote at State Farm

SUPPORT HOLY SPIRIT THROUGH ONLINE DONATION

Simply scan the QR code to donate securely online. Your contribution, no matter the size, helps us continue our work and reach more people with the love of Christ. Thank you for your faithfulness and support!



PARISH SUPPORT

JULY 2025

Offering	55,148.81
Online Giving	15,065.00
Total Offering	70,213.81
Monthly Budget	81,399.75
	(11,185.94)
Special Intentions	12,274.00

AUGUST 2025

Offering	58,218.58
Online Giving	15,074.00
Total Offering	73,292.58
Monthly Budget	81,399.75
	(8,107.17)
Special Intentions	9,339.00

INCORRECT PARISH ENVELOPES



We were informed that a corrupted file was accidentally sent to our envelope printers, resulting in incorrect envelope information being printed and mailed out.

Please disregard any incorrect envelopes you may have received. You may return them to the parish office or dispose of them securely (e.g., by shredding).

We sincerely apologize for the inconvenience and thank you for your understanding.

ROSARY RALLY ACROSS AMERICA



On Saturday, October 11, Holy Spirit will be holding our annual Rosary Rally. All are invited to join us, as we and Catholics around the country pray a public rosary for peace in the world.

We will meet by the picnic bench by the handicap parking.

COLUMBARIUM INTEREST MEETING



HOLY SPIRIT COLUMBARIUM INTEREST MEETINGS

Join us for informational presentation on the new Columbarium project at Holy Spirit.

Find out how you can purchase a niche for you and your loved ones.

MEETING DATES and TIMES

Monday, October 6 – 1:00 p.m.
Monday, October 6 – 7:00 p.m.
Wednesday, October 8 – 7:00 p.m.
Thursday, October 9 – 1:00 p.m.



GOLDEN JUBILEE GALA

Friday, October 17, 2025 (6 pm - 10 pm) \$50 per person
Live Music, Dancing, Silent Auction & Cash bar
Tickets on sale after all Masses or at the parish office.
Contact Erin Laurence in the parish office for questions.

COMMEMORATIVE APPAREL



50TH ANNIVERSARY COMMEMORATIVE APPAREL

FLEECE JACKET
\$35.00



T-SHIRTS
\$10.00



WITH GRATEFUL HEARTS



We extend our heartfelt thanks to all the volunteers who made our Fruits of the Spirit Event a joyful and successful event!

Thank you to the various ministries and generous volunteers who donated prizes, food, and beautiful gift baskets for the raffle. A special thanks to our Youth Ministry for organizing fun and engaging games for the children.

We are especially grateful to Judee Clamor for her leadership and generosity in coordinating the event and ensuring its success.

Finally, thank you to everyone who attended and supported this fun-filled family jubilee. Your presence and participation made it truly memorable!

ASSISTANCE DURING COMMUNION



Parishioners who are unable to walk in the communion line to receive the Eucharist during weekend Masses are asked to inform an Usher **before** Mass begins each week. This will ensure that the head usher directs the Deacon and/or the (EMHC) Extraordinary Minister of Holy Communion to your seat with the Host and that you do not miss the opportunity to receive the Lord.

MONTH OF THE HOLY ROSARY



During October, the holy rosary will be recited before all weekend Masses. Rosary will still be recited after all daily Mass on Tuesday through Thursday and before daily Mass on Fridays. Novena to our Mother of Perpetual Health and the Divine Mercy Chaplet is also prayed on Wednesday and Friday. All are welcome.



WHERE THE
ROSARY IS
RECITED
THERE WILL
BE DAYS OF
PEACE AND
TRANQUILITY.
—ST. JOHN BOSCO

SOCIETY OF ST. VINCENT DE PAUL

www.SVDP-HolySpirit.org

SVDP Office number: (757) 468-1533

svdp@holyspiritvb.org

Outreach Office Hours:

Monday 6:00 pm to 8:00 pm

Tuesday & Thursday: 10:00 am to 12:00 pm

FOOD PANTRY NEEDS

This week, we are most in need of:

Cans of tuna

Cans of ravioli or SpaghettiOs

Boxes of assorted oatmeal packets

Please place your non-perishable donations on the wire rack in front of the parish office. Thank you.

Thank you for your generosity!

FOOD PICKUP VOLUNTEERS NEEDED

The Food Ministry team of the Society of St. Vincent de Paul is seeking volunteers with trucks or large SUVs to help with food pickups. Training is provided. We need:

- **2 volunteers on Friday mornings around 10 am** to pick up food from the Food Bank in Norfolk. Each person would pick up food one Friday per month.

- **2 Volunteers on Monday mornings to pick up retail rescue food from Food Lion at 10:30 am.** Each person would pick up food one or two Mondays per month.

In August, the SVDP pantry served 97 families, so your help would be greatly appreciated.

Please contact Maryann Hakowski

at maryannhakowski@aol.com if you can help.

WE ♥ OUR VOLUNTEERS

MASS COORDINATORS NEEDED

We are currently looking for additional Mass Coordinators for daily Mass (specifically on Wednesdays and Fridays at 8 AM) and weekend Masses to ensure that all aspects of the liturgy run smoothly. Responsibilities of this ministry include setting up all of the sacred vessels to properly prepare for the Mass, coordinating with the liturgical ministers, assisting the clergy as needed, and facilitating behind the scenes to help allow for a reverent and meaningful celebration of the Eucharist. **Please contact Erin Laurence at (757) 468-3600, ext.114 or email: elaurence@holyspiritvb.org.**

BLESSING OF THE ANIMALS

Blessing of the Animals

Sunday, October 5 at 1:30 pm at the Plaza



In honor of Saint Francis of Assisi

RELIGIOUS EDUCATION CLASS

Religious Education:
Helps to build a strong foundation



The 2025-2026 Christian Faith Formation religious education class starts Sunday, September 28.

Grades K-5: Sunday, 1:30 pm—3:30 pm

Middle School EDGE: Sunday, 6 pm—8 pm (Activity B) **New Night**

High School Life Teen: Sunday, 6 pm—8 pm (Activity A)

For more information or questions, contact Jenny Scharf, Donna Consla or Kim Blanco in the parish office or by email at

Rel.ed@holyspiritvb.org

VOLUNTEER REQUIREMENT

The Diocese of Richmond requires **ALL** volunteers complete a yearly background check and VIRTUS training every five years.

CATHOLIC FEST

**CATHOLICS
COME HOME**
to the Eucharist



The Diamond,
Richmond

October 11,
2025

**HEALING GRACE CD**

Now available for purchase online on Apple iTunes Music and Amazon Music. **Now at a lower price for the physical CD for \$15 each** and is still available at the parish office.

Finding hope through Scripture, reflections and prayers offered by Rev. Matthew Kiehl, Vicar for Vocations and Rev. Timothy Kuhneman, Vicar for Clergy, who are both former pastors of Holy Spirit. Music by Erin Laurence and Justin Kauflin.

100% of the proceeds go directly to Holy Spirit Catholic Church

CATHOLIC LIFE EXPLAINED WHY DO WE DO THAT?

CAN DIVORCED CATHOLICS TAKE COMMUNION

©LPI

Question:

Can a divorced Catholic receive holy Communion?

Unfortunately, too many people today — Catholics and non-Catholics alike — mistakenly believe that divorce separates one from the Communion of the Church and that divorced persons may not receive Communion. However, as the Church has communicated in a number of places, the issue at hand is not the reality of divorce, but is more often the reality of re-marriage outside of the Church (such as in the case of a Catholic who was previously married within the Church, divorced, and remarried without receiving an annulment).

Divorced persons are called to live chastely as single people and to observe the same call to avoid sin as anyone else who desires to receive the Eucharist. Beyond this, however, Pope Francis has reminded us that the healing power of the Eucharist can be especially significant for those who have “endured separation, divorce, or abandonment ... divorced people who have not remarried, and often bear witness to marital fidelity, ought to be encouraged to find in the Eucharist the nourishment they need to sustain them in their present state of life.” (*Amoris Laetitia*, no. 242) Moreover, he continues, “The local community and pastors should accompany these people with solicitude, particularly when children are involved or when they are in serious financial difficulty.” (AL, no 242).

As Pope Francis has also reminded us, the Eucharist is “not a prize for the perfect,” but “a powerful medicine and nourishment” (*Evangelii Gaudium*, no. 47). Because we all stand in need of healing and wholeness, the Church invites all who seek to live their faith in integrity and devotion to come and receive the grace offered in the Eucharist.

QUESTION OF THE WEEK REFLECT AND RESPOND TO THE SCRIPTURE

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FIRST READING:

The prophet Amos is critical of the Israelites living in luxury while ignoring the social decay surrounding them. How can we avoid such insensitivity to the pain and suffering of others?

SECOND READING:

Paul encourages Timothy to be a strong and faithful leader, focusing on the return of Jesus and the goal of eternal life. Who encourages you in your faith life?

GOSPEL:

In the parable of the dishonest steward, the disciples learn the importance of honesty and prudence in daily living. What other virtues would you add for the life of a Christian today?

LOW GLUTEN HOST

If you are in need of a low-gluten host at Mass, please contact Erin Laurence in the Parish office.

HOMEBOUND MINISTRY

If you are unable to attend Mass due to illness, call the Parish office to request holy communion brought you.

GOSPEL MEDITATION ENCOURAGE DEEPER UNDERSTANDING OF SCRIPTURE

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I am embarrassed to admit that I frequently find myself dining and socializing with people who have millions and sometimes billions of dollars. I've eaten more caviar, lobster and wagyu steak than most people on the planet. I justify it by saying it's part of my job. But I have seven pairs of nice jeans and expensive shoes.

So it is rather uncomfortable to hear Our Lord say: “**My child, remember that you received what was good in your lifetime, while Lazarus likewise received what was bad; but now he is comforted here, whereas you are tormented**” (Luke 16:25).

Fellow rich people (and if you're American, you're rich), do we not vehemently though quietly object to this parable's karma-esque reward system? Why bless the rich man just to curse him later? And curse Lazarus just to bless him later? So Americans go to hell, while Burundians and Afghans go to heaven? What is going on?

One clue is that the condemned rich man doesn't complain of injustice. Rather, he simply begs to help his brothers to repent. Of what? We don't know exactly. Perhaps another clue is that the rich man now seems more like the downtrodden Lazarus. He knows what it is to be hungry and thirsty, to be wounded in the gutter; that he deserved that, not fancy meals and clothes. Maybe the rich man finally understands how to receive true blessings, but it is too late for him. But not for me. Not for us.

— Father John Muir

LIVE THE LITURGY INSPIRATION FOR THE WEEK

©LPI

The rich man had a chance, every day of his life, to choose righteousness. But righteousness wasn't convenient for him. He discovered too late that the only time we have to follow God is now. Here. This moment. Will we take our chance?

CATHOLIC TRIVIA

©LPI

Question: *Apart from the Resurrection, what is the only miracle mentioned by all four Gospels?*

Answer: The miracle of the loaves and fishes.

BORROWED PYX

Please return borrowed pyx to the Parish Office.

READINGS FOR THE WEEK

Sunday: Am 6:1a, 4-7/Ps 146/1 Tm 6:11-16/Lk 16:19-31
Monday: Dn 7:9-10, 13-14 or Rv 12:7-12ab/Ps 138/Jn 1:47-51
Tuesday: Zec 8:20-23/Ps 87/Lk 9:51-56
Wednesday: Neh 2:1-8/Ps 137/Lk 9:57-62
Thursday: Neh 8:1-4a, 5-6, 7b-12 (458)/Ps 19/Mt 18:1-5, 10
Friday: Bar 1:15-22/Ps 79/Lk 10:13-16
Saturday: Bar 4:5-12, 27-29/Ps 69/Lk 10:17-24
Next Sunday: Hb 1:2-3; 2:2-4/Ps 95/2 Tm 1:6-8, 13-14/Lk 17:5-10



PRAY FOR VOCATIONS

VOCATION MINISTRY



"IF THEY WILL NOT LISTEN TO MOSES AND THE PROPHETS, NEITHER WILL THEY BE PERSUADED IF SOMEONE SHOULD RISE FROM THE DEAD."

This Priesthood Sunday, pray for vocations and for those who have answered the call to be witnesses of the Gospel. Write a letter or send a message to a priest who has inspired you, letting them know that you are praying for them, and ask them to pray for you as you discern your vocation.

Talk to your priest or reach out to the Vocation Office at (804) 359-5661 or via email: vocations@richmonddiocese.org.

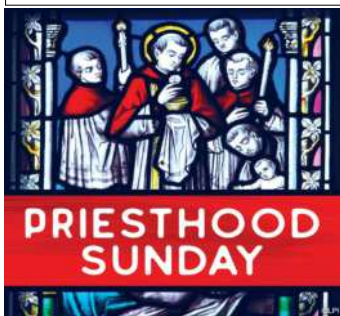
PRAY FOR OUR SEMINARIANS

Brennen McCoy, Michael Anctil, Scott Campolongo, Graham Fassero, Charlie Tamayo, Samuel McPeak, Chad Wilson, William Yearout, Jack Domark, Carl Baumann, Jonathan Kenney, Neal McCaffrey, Minh Tran, Aventon Grimes, Andrew Allen, Martin Beers, Tim Soukup, Carlos Gonzalez Jr., Charles Wilson, Stephen Palakonda, Michael Moak, Connor Muha.

SUPPORT NEEDED FOR SEMINARIANS

Our seminarians could use prayers and letters of encouragement and support. If you are interested in lifting their spirits and encouraging them in their vocation to serve our Lord as future priests through cards or letters, contact the parish office for their address.

Thank you for supporting our seminarians.



PRIESTHOOD SUNDAY



PRAY FOR OUR PRIESTS!

CYBERCRIME ALERT

If you receive a phone call, text, or email claiming to be from Father Anthony or Father James requesting money or gift cards, please be aware that this is a scam. Do not engage, reply, or click on any links. Father Anthony will **never** ask for money or gifts in this manner. Stay vigilant and report any suspicious messages to the parish office.

ADDRESS & CONTACT INFO CHANGE

If you have a change of address or contact info, please contact the parish office at (757) 468-3600 or by email at office@holyspiritvb.org so we can update our records. Thank you.

PRAYER FOR THE SICK

For those in pain and in sorrow, God be their comfort.
For caretakers and medical staff, God give them grace.
Surround those afflicted with Your love, care, and mercy,
You who are our healing and hope.
Amen.

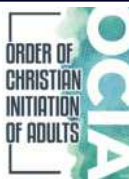
POPE'S MONTHLY PRAYER INTENTION FOR OCTOBER



FOR COLLABORATION BETWEEN DIFFERENT RELIGIOUS TRADITIONS

Let us pray that believers in different religious traditions might work together to defend and promote peace, justice, and human fraternity.

ORDER OF CHRISTIAN INITIATION FOR ADULTS (OCIA)



Order of Christian Initiation for Adults (OCIA) sessions started on Sunday, September 7. OCIA is a journey of faith for anyone who wants to learn more about the Catholic faith. It is for non-Catholics and baptized Christians who want to discern if God is calling them to the Catholic Church. It is also for baptized Catholics who would like to prepare for the Sacraments of First Holy Communion and/or Confirmation.

Contact Deacon Bob at 468-3600 Ext. 109 or at deaconbob@holyspiritvb.org for more information or to register.

JUST FAITH PREVENTING GUN VIOLENCE: FROM RHETORIC TO REAL SOLUTIONS

Gun violence is the leading cause of death for children and teens. Join us in a 2-month initiative to study the data around gun violence and make a plan to help keep our kids – and our community – safe. This small faith group will meet on zoom on Wednesday evening for 8 weeks starting Oct. 1 from 6:30 pm—8:30pm. Contact: Pamela McKinney 757-651-5034 or Teresa Stanley 757-286-5858 if you are interested.

THANK YOU



PARISH REGISTRATION

Why should you "officially" register as a parishioner at Holy Spirit Catholic Church?

It is a requirement for any type of sponsorship documentation, such as Baptismal Attestation to be a godparent for Baptism, or letters of good standing for Catholic schools.

Registration forms are available online at www.holyspiritvb.org, information desk in the commons or the parish office or scan the QR code.

Call the parish office if you have any questions.





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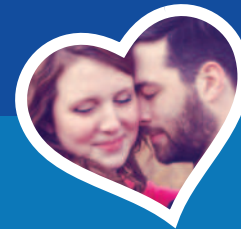
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Every Detail Remembered | Dignity



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Lydia.Lacompte.DHRI@statefarm.com
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