



HOLY SPIRIT CATHOLIC CHURCH

1396 Lynnhaven Parkway, Virginia Beach, VA 23453
Office: (757) 468-3600 | **Fax:** (757) 468-3342
Sacramental Emergency (after hours): (757) 904-3069
www.holyspiritvb.org | office@holyspiritvb.org
Facebook / Instagram / YouTube: **Holy Spirit VB**

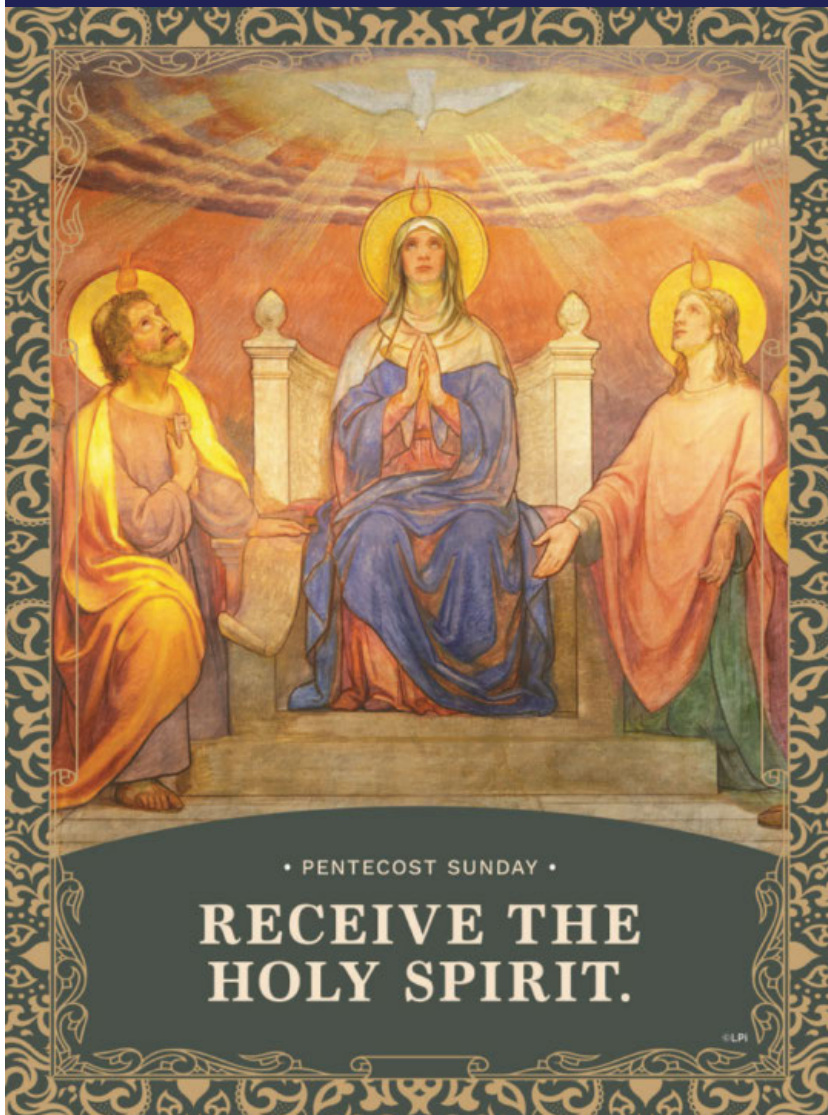
PARISH OFFICE HOURS:

Monday - Thursday: 9:00 am- 4:30 pm | **Friday:** 9:00 am - 12 pm

OUR MISSION

A Catholic community living the apostolic mission to love God, love our neighbor, and make disciples.

JUNE 8, 2025



WEEKEND MASS SCHEDULE

Saturday Vigil: 5:00 pm
Sundays: 8:00 am, *10:00 am & 12:00 pm

WEEKDAY MASS SCHEDULE

Tuesday and Thursday: 6:15 pm
Wednesday and Friday 8:00 am

**Livestream Mass*

HOLY ROSARY

Tuesday—Thursday: after Weekday Masses
Friday: 7:15 am (with Divine Mercy Chaplet)

SACRAMENT OF RECONCILIATION

Tuesday and Thursday: 4:00 pm through 5:30 pm

ADORATION OF THE BLESSED SACRAMENT

First Thursday of the month: 12:00 pm to 6:00 pm

SACRAMENT OF BAPTISM

Families will meet with Deacon Steve and are **required** to attend one (1) Baptismal Preparation Class in the parish if you are seeking the Sacrament of Baptism for children under 7 years of age. Contact the Parish Office for more information.

SACRAMENT OF FIRST RECONCILIATION AND FIRST EUCHARIST

Children are required to register and attend Religious Education classes for the current school year in order to participate in the Sacramental Preparation program for First Reconciliation and First Eucharist. Contact the parish office for more information.

SACRAMENT OF CONFIRMATION FOR YOUTH

One-year preparation beginning in 10th Grade is required. Contact the parish office if your child is in the 10th grade and would like to receive the Sacrament of Confirmation.

SACRAMENT OF MATRIMONY

In the Diocese of Richmond, couples planning to be married in the Catholic Church should notify Father Anthony at least 6 to 9 months prior to requesting a wedding date.

ANointing OF THE SICK

Christ strengthens our faith and bestows God's grace in a time of anxiety and pain. Please call the Parish office to make arrangements to celebrate this sacrament if you are ill, facing surgery or enduring current illness.

SACRAMENT OF HOLY ORDERS

Contact Father Anthony in the Parish office or the Office of Vocations (804) 359-5661 or via email at vocations@richmonddiocese.org, if you are discerning a call to the priesthood or consecrated life.

THE ORDER OF CHRISTIAN INITIATION OF ADULTS

Individuals interested in learning about the Catholic Church or entering the catechumenate, please contact Deacon Bob Smithberger in the parish office. Inquiry is welcome at any time.



50 YEAR ANNIVERSARY

THIS WEEK AT HOLY SPIRIT*(Subject to change, please check our website or call the Parish office)***PLEASE SILENCE ALL CELL PHONES
AND ELECTRONIC DEVICES DURING MASS.****Public/Livestream***SUNDAY, JUNE 8**

8:00 am Mass
Florida Agngarayngay †

10:00 am * Mass
Parishioners of Holy Spirit

12:00 pm Mass
Rudy Bagtas †

4:00 pm Stepping Stones—AA (L)

MONDAY, JUNE 9

6:00 pm SVDP Outreach Ministry Office

TUESDAY, JUNE 10 MEMORIAL OF SAINT BARNABAS, APOSTLE

10:00 am SVDP Outreach Ministry Office hours

4:00 pm Reconciliation (Ch)

6:15 pm Mass/Rosary (WS) **Barbara Anderson**

7:00 pm Adult Bible Study (B)

7:00 pm Haiti Ministry Meeting (L)

WEDNESDAY, JUNE 11

8:00 am Mass/Rosary (WS) **All Souls in Purgatory †**

12:00 pm Sunshine Club Meeting (A/K)

7:00 pm SVDP Meeting (L)

THURSDAY, JUNE 12

10:00 am SVDP Outreach Ministry Office hours

4:00 pm Reconciliation (Ch)

6:15 pm Mass (WS) / Rosary (Ch) **Rosemary Sales †**

7:00 pm Choir Rehearsal (WS)

**FRIDAY, JUNE 13 MEMORIAL OF SAINT ANTHONY OF PADUA,
PRIEST AND DOCTOR OF THE CHURCH**

7:15 am Rosary/Divine Mercy Chaplet (WS)

8:00 am Mass (WS) **Freddie Salom †**

8:30 am Potluck Breakfast Social Gathering (B/K)

9:30 am Bible Study—Faith Sharing Community (L)

SATURDAY, JUNE 14 FLAG DAY

10:30 am SVDP Marketplace (A/B/K)

5:00 pm Vigil Mass (WS)
Deacon Arthur Thompson †

ANNIVERSARY MASS

In celebration of our parish's 50th Anniversary, the 10:00 AM and 12:00 PM Masses for the Solemnity of the Most Holy Body and Blood of Christ on May 22 will be combined into one Mass at 11:00 AM.

This special Anniversary Mass will be celebrated by His Excellency, Bishop Barry Knestout.

All are welcome!

JUBILEE CONCERT

All are invited to the Jubilee Choir Concert by the Holy Spirit Choir on Sunday, June 22 at 6:00 pm. Light reception is offered after the concert in Activity room B.

PARISH CLERGY AND STAFF**(757) 468-3600 | office@holyspiritvb.org**

Pastor / Ext 103

Rev. Anthony Mpungu | FrAnthony@holyspiritvb.org

Deacons / Ext 109

Rev. Mr. Robert Smithberger | deaconbob@holyspiritvb.orgRev. Mr. Steve Kuczma | deaconsteve@holyspiritvb.org

Business Manager / Ext. 115

Lani Ulep mulep@holyspiritvb.org

Director of Liturgy & Music / Ext. 114

Erin Laurence elaurence@holyspiritvb.org

Coordinator for Faith Formation & Sacramental Prep / Ext 108

Jenny Scharf jscharf@holyspiritvb.org

Asst. Coordinator for Faith Formation / Ext. 113

Donna Consola dconsola@holyspiritvb.org

Parish Secretary / Ext 116

Joy Palm jpalm@holyspiritvb.org

Bookkeeper / Ext. 117

Anne Smithberger asmithberger@holyspiritvb.org

Facilities Maintenance Assistant Josh Gora

Pianist/Organist Richard Dettbarn

Website Coordinator Diana Ramos

PARISH COUNCIL

Charlie Chan

Amy Cheatham

Judee Clamor

Marivic Ellorin

Ian Fajardo

Tim Hatton

Ken Hobbs

Linda Kuehn

George Onodu

PRAYER REQUESTS**FOR THE SICK**

**Doug Young, Levi Young,
Joanne Rosario, Kayleigh Busam,
Sherry Cheary**

† FOR THE DECEASED †

We extend our sincere sympathy and prayers to the family and friends of all who lost a loved one.

**Ricardo Sayson Sr., Jeffrey Tarkington,
Ann Traylor, Michael Crowe**

Pray for all the names listed in our book of remembrance.

Eternal rest grant unto them, O Lord. Let perpetual light shine upon them. May they rest in peace. Amen.

**BULLETIN SPONSOR OF THE WEEK**

**Thank you to our sponsor.
H.D. Oliver Funeral Apartments**



SUMMER INVITATION TO FAITHFUL GIVING

We would like to thank you for all that you do Together, we truly make a difference.

As summer begins and our routines shift with vacations and time away, we gently remind you of the importance of your continued support of our parish. Your weekly offering helps sustain the ministries, outreach, and spiritual life we share together.

Even when you're away, your faithfulness makes a difference. We encourage you to consider setting up automatic bill pay or recurring giving to help ensure the life of our parish remains strong and steady during the summer months. If you need assistance in setting it up, please contact our Business Manager, Lani Ulep at 757-468-3600 or email: mulep@holyspiritvb.org.

Thank you for your generosity and the many ways you give of yourselves. May your summer be blessed with rest, joy, and renewal in Christ.

In peace and gratitude,
Father Anthony, Clergy, and Staff

SUPPORT HOLY SPIRIT THROUGH ONLINE DONATION

Simply scan the QR code to donate securely online. Your contribution, no matter the size, helps us continue our work and reach more people with the love of Christ. Thank you for your faithfulness and support!



UPCOMING PARISH EVENTS

Holy Spirit at 50 ... Moved by the Spirit!

June 22, 2025 - Anniversary Mass with Bishop Knestout

June 22, 2025 - Choir Concert and Reception

September 6, 2025 - Fruits of the Spirit Picnic

September 27, 2025 - Jubilee Golf Tournament (\$)

October 17, 2025 - Golden Jubilee Gala (\$)

www.holyspiritvb.org



COMMEMORATIVE FLEECE JACKET



**50TH ANNIVERSARY
COMMEMORATIVE
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\$35.00

Order Forms available in the parish office.

HEALING GRACE CD



Now available for purchase online on Apple iTunes Music and Amazon Music. **Now at a lower price for the physical CD for \$15 each** and is still available at the parish office.

Finding hope through Scripture, reflections and prayers offered by Rev. Matthew Kiehl, Vicar for Vocations and Rev. Timothy Kuhneman, Vicar for Clergy, who are both former pastors of Holy Spirit, Music by Erin Laurence and Justin Kauflin.

100% of the proceeds go directly to Holy Spirit Catholic Church

CATHOLIC FEST



**Catholic Fest
October 11, 2025
The Diamond, Richmond**

Join Bishop Knestout and the entire diocese at a one-day festival in Richmond. The day will be full of music, food, fun, fellowship, faith, and celebrating the Mass as the Diocese of Richmond.

For more info: <https://catholicfest.richmonddiocese.org/>

ANNUAL DIOCESAN APPEAL



Your gift to the Annual Diocesan Appeal supports Youth & Young Adult Ministry



Scan to donate or visit
RichmondCatholicFoundation.org/Appeal



JUNETEENTH
WHY WE CELEBRATE

JUNE 18 ————— **2025**

VIRTUAL EVENT
6PM

JOIN US FOR A REFLECTION ON THE EVE OF JUNETEENTH WITH DR. ANSEL AUGUSTINE, ASSISTANT DIRECTOR OF AFRICAN AMERICAN AFFAIRS AT USCCB

To register, go to
<https://bit.ly/4mx8MUT>
or scan the QR Code

SOCIETY OF ST. VINCENT DE PAUL



www.SVDP-HolySpirit.org

SVDP Office number: (757) 468-1533

svdp@holyspiritvb.org

Outreach Office Hours:

Monday 6:00 pm to 8:00 pm

Tuesday & Thursday: 10:00 am to 12:00 pm

YOUNG VINCENTIANS



Our Young Vincenians are collecting new and gently used children's books (ages 2-17), for those in need, to be distributed at our SVdP June 14 Marketplace.



Help provide summer reading material for children of all ages by sharing the gift of a book or two.

FOOD PANTRY NEEDS

This week, we are most in need of:

Capri Sun Juice pouches

Mac and cheese cups

Assorted breakfast cereals

Please place your non-perishable donations on the wire rack in front of the parish office. Thank you.

Thank you for your generosity!

NIGHT MANAGERS NEEDED!

This ministry serves an important role in keeping the church building and parishioners safe and secure. An assigned person each weeknight assumes responsibility for opening and closing the parish, receiving and greeting visitors and parishioners, and is responsible for the safety and security of the facilities and all who are using it during evening hours. This is scheduled on a rotating basis from Sunday-Thursday from 6:30 pm—9 pm.

If you are interested or would like more information, contact Lani in the parish office at 757-468-3600 or by email at mulep@holyspiritvb.org

Please note: The Diocese of Richmond requires **ALL** volunteers to complete a yearly background check and VIRTUS training every five years.

WE ♥ OUR VOLUNTEERS

HOMEBOUND MINISTRY

If you are unable to attend Mass due to illness, call the Parish office to request communion brought you.

BORROWED PYX

Please return borrowed pyx to the Parish Office.

RELIGIOUS EDUCATION CLASS

All Faith formation religion classes have concluded this school year. The 2025-2026 Religion classes will resume in the fall. **Registration will be available soon.**

For more information, contact Jenny Scharf at extension 108 or Donna Consola at extension 113 in the parish office.

CHILDREN'S LITURGY OF THE WORD (CLOW)

We are looking for volunteers and aides for Children's Liturgy of the Word (CLOW) during the 10 am Mass.

If you are interested or would like more information, contact Donna Consola in the parish office at ext. 113 or by email at dconsola@holyspiritvb.org

SAVE THE DATE: VACATION BIBLE SCHOOL



2025 Vacation Bible School (VBS)

When: July 14—19, 2025

Hours: 9:00 am—12:00 pm

REGISTRATION WILL OPEN SOON!

VOLUNTEER REQUIREMENT

The Diocese of Richmond requires **ALL** volunteers complete a yearly background check and VIRTUS training every five years.



CONGRATULATIONS TO THE FIRST COMMUNICANTS

Caleb Ambulo	Natalia Gonzalez
Amaree Aranas	Owen Himself
Jayden Arenas	Lukas Jocson
Jessie Arenas	Elodie Lai
Sophia Bautista	Colin Lai
Colin Brown	Kyle Le
Henry Bucholz	Ava Levine
Sophia Buldong	Zed-Isaac Malicdem
Janella Buensuceso	Isaiah Ott
David Cabana	Liam Puri
Victor Calilap	Jebunn Quiambao-Castro
Brayden Chaney-Basilides	Estene Reoligio
Wyatt Ciesielski	Roslyn Ripoll
Cassandra Collins	Raiden Rodriguez
Francesca Collins	Nika Rodriguez
Arielle Collins	Mariana Rodriguez
Ezekiel Crisostomo	Sofia Sermania
Chrystelle Cruz	Jourdin Sumalnap
Christian Cruz	Giovanni Talia
Connor Echols	Brady Thompson
Connor Enriquez	Joey Trinh
Sarah Erez	Kadyen Trinh
Emily Flores	Emma Vitocruz
Annabelle Frain	Jordan Wallace

CATHOLIC LIFE EXPLAINED WHY DO WE DO THAT?

WHY USE INCENSE?

©LPI

Question:

Why do we use incense at Mass?

The use of incense in religious ceremonies and worship is a practice that predates Christianity, and which is also found in many other religious traditions today.

Incense, which is made from resin infused with aromatic spices and oils, is one of those fundamentally human symbols that incorporates more than one of our senses, helping us to reflect on realities that transcend the everyday details of our lives.

The use of incense in the Church's liturgy — in the Mass, as well as in devotions to the Eucharist and the Liturgy of the Hours — is inspired by the use of incense in the Jewish tradition. In the writings of the Old Testament, we hear about incense being used in the worship of the temple, and Psalm 141 asks, "Let my prayer be incense before you; my uplifted hands an evening offering" (vs. 2). The image here is that, as the incense gently rises to heaven, our prayers also rise to God as something sweet and pleasant.

Another ancient use of incense that has also become part of our Catholic tradition is the idea that when we incense something, it's because it is something special or sacred. This is why the Book of the Gospel is incensed during the Liturgy of the Word and the bread, wine, priest celebrant, and congregation are incensed at the presentation of the gifts. To this, we can also add the incensing of the Blessed Sacrament during eucharistic adoration and benediction, and the body of the deceased at the end of the Mass of the Resurrection (the Funeral Mass).

CATHOLIC TRIVIA

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Question: What year marked the first time that Catholics in the United States were allowed to receive the Eucharist in their hands?

Answer: 1977.

LIVE THE LITURGY INSPIRATION FOR THE WEEK

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"Whoever loves me will keep my word," Jesus tells his disciples, "and my Father...will come to him and make our dwelling with him." We know what's at stake. We know what we have to do. So when the Father comes, will He make His dwelling with us?

ASSISTANCE DURING COMMUNION



Parishioners who are unable to walk in the communion line to receive the Eucharist during weekend Masses are asked to inform an Usher **before** Mass begins each week. This will ensure that the head usher directs the Deacon and/or the (EMHC) Extraordinary Minister of Holy Communion to your seat with the Host and that you do not miss the opportunity to receive the Lord.

GOSPEL MEDITATION ENCOURAGE DEEPER UNDERSTANDING OF SCRIPTURE

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When I was a seminarian almost 20 years ago, a bank vice president taught us etiquette classes. She said, "Gentlemen, please make sure your breath isn't bad. Take some breath mints before you hear confessions, okay?" We nervously laughed because the proximity that makes breath noticeable (whether pleasant or not) can be a bit awkward.

When Jesus breathes on his Apostles (John 20:22), he must have been within inches of at least some of them. This closeness of his breath has a purpose: the purpose of forgiveness of sins. "**Whose sins you forgive are forgiven them**" (John 20:23). Why in the world would the almost uncomfortable closeness of his breath forgive sins?

In the Bible, breath is spirit or wind. It comes from above and makes that which is below to have identity. To not have a single identity is to be multiple, divided. The word "sin" comes from an ancient word that means "to split" or "render asunder." Sin divides us sinners and the world around us; our spiritual "breath" leaves us and our identity splinters. Only breath from above restores. For example, a shattered vase is rendered whole because the craftsman breathes the spirit of the vase back into it when he repairs it. A human being shattered by sin is made whole by the breath of God, breathed by Jesus through his priests. His breath alone forgives sins. It's always done with his gentle, loving closeness.

— Father John Muir

QUESTION OF THE WEEK REFLECT AND RESPOND TO THE SCRIPTURE

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FIRST READING:

The disciples were filled with the Holy Spirit and able to speak in multiple tongues so that all the people could understand them. When do you feel the Holy Spirit present in your life?

SECOND READING:

Paul assures us that as believers, the Spirit of God dwells in us. How ought the indwelling of the Spirit positively impact our day-to-day living?

GOSPEL:

The resurrected Jesus sent out the disciples to forgive (or retain) sins. What has been your experience of the sacrament of Reconciliation?

READINGS FOR THE WEEK

Sunday: Vigil: Jl 3:1-5/Ps 104/Rom 8:22-27/Jn 7:37-39

Day: Acts 2:1-11/Ps 104/1 Cor 12:3b-7, 12-13/Jn 20:19-23

Monday: Gn 3:9-15, 20 or Acts 1:12-14/Ps 87/Jn 19:25-34

Tuesday: 2 Cor 1:18-22/Ps 119/Mt 5:13-16

Wednesday: Acts 11:21b-26; 13:1-3 (580)/Ps 99/Mt 5:17-19

Thursday: 2 Cor 3:15—4:1, 3-6/Ps 85:9ab and 10, 11-12, 13-14/
Mt 5:20-26

Friday: 2 Cor 4:7-15/Ps 116/Mt 5:27-32

Saturday: 2 Cor 5:14-21/Ps 103/Mt 5:33-37

Next Sunday: Prv 8:22-31/Ps 8://Rom 5:1-5/Jn 16:12-15



PRAY FOR VOCATIONS

VOCATION MINISTRY

"RECEIVE THE HOLY SPIRIT."



As the Holy Spirit filled the disciples with power, so too can He fill you with the strength to answer a vocation to the priesthood or consecrated life.

Be open to His prompting. Talk to your priest or reach out to the Vocation Office at (804) 359-5661 or via email: vocations@richmonddiocese.org.

PRAY FOR OUR SEMINARIANS

Brennen McCoy, John Paul Shanahan, Michael Anctil, Scott Campolongo, Graham Fassero, Charlie Tamayo, William Yearout, David Hairston II, Chad Wilson, Peter Olbrych, Maximus McHugh, Jack Domark, Carl Baumann, Jonathan Kenney, Neal McCaffrey, Minh Tran, Avention Grimes, Austin Alanis, Andrew Allen, Martin Beers, Tim Soukup, Carlos Gonzalez Jr, Martin Kroll

SUPPORT NEEDED FOR SEMINARIANS

Our seminarians could use letters of encouragement and support. If you are interested in lifting their spirits and encouraging them in their vocation to serve our Lord as future priests through cards or letters, contact the parish office for their address.

Thank you for supporting our seminarians.

CATHOLIC RELIEF SERVICES



ACTION ALERT

Catholic Relief Services was the top recipient of USAID funding and the loss of funds has been devastating to communities around the world.



By April 19, 2025, CRS received termination notices for 69 poverty-reducing and lifesaving programs in over 30 countries including a program that supported Amina (left) who was featured in CRS Ricebowl 2025.

In May, CRS received terminations for all three of the agency's Food for Progress programs and eleven of CRS' McGovern-Dole Food for Education programs in countries around the world.

What does this mean?

CRS' school feeding programs will no longer provide meals to 800,000 children in 11 countries. For many, these meals are their only meals of the day.

What can you do?

Contact your Members of Congress now.

Go to bit.ly/SaveCRSprograms



PRAYER OF PENTECOST

Holy Spirit of God —
Disturb this room with your presence today, filling us,
empowering us, emboldening us.
Descend upon us with your gifts, your inspiration,
and your promptings.
Lead us to where we should go,
stirring within us the movement of God .
Amen.

POPE'S MONTHLY PRAYER INTENTION FOR JUNE



THAT THE WORLD MIGHT GROW IN COMPASSION

Let us pray that each one of us might find consolation in a personal relationship with Jesus, and from his Heart, learn to have compassion on the world.

LOW GLUTEN HOST

If you are in need of a low-gluten host at Mass, please contact the Parish office.

SIF BLANKET RAFFLE WINNER



Thank you to those who supported Sisters in Faith by purchasing raffle tickets for blanket donated by Alicia Soto. Congratulations to J. Tolley, who won the raffle. Sisters in Faith raised \$625 dollars in support of the Judeo-Christian Outreach Center (JCOC) ministry.

CYBERCRIME ALERT

If you receive a phone call, text, or email claiming to be from Father Anthony requesting money or gift cards, please be aware that this is a scam. Do not engage, reply, or click on any links. Father Anthony will **never** ask for money or gifts in this manner. Stay vigilant and report any suspicious messages to the parish office.

ADDRESS & CONTACT INFO CHANGE

If you have a change of address or contact info, please contact the parish office at (757) 468-3600 or by email at office@holyspiritvb.org so we can update our records. Thank you.

PARISH REGISTRATION

Why should you "officially" register as a parishioner at Holy Spirit Catholic Church?

It is a requirement for any type of sponsorship documentation, such as Baptismal Attestation to be a godparent for Baptism, or letters of good standing for Catholic schools.

Registration forms are available online at www.holyspiritvb.org or pick up a registration form at the information desk in the commons. Call the parish office if you have any questions.



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