



HOLY SPIRIT CATHOLIC CHURCH

1396 Lynnhaven Parkway, Virginia Beach, VA 23453

Office: (757) 468-3600 | Fax: (757) 468-3342

Sacramental Emergency (after hours): (757) 904-3069

www.holyspiritvb.org | office@holyspiritvb.org

Facebook / Instagram / YouTube: Holy Spirit VB

PARISH OFFICE HOURS:

Monday - Thursday: 9:00 am - 12:30 pm and 1:30 pm - 4:30 pm

Friday: 9:00 am - 12 pm

OUR MISSION

A Catholic community living the apostolic mission to love God, love our neighbor, and make disciples.

AUGUST 10, 2025

WEEKEND MASS SCHEDULE

Saturday Vigil: 5:00 pm

Sundays: 8:00 am, *10:00 am & 12:00 pm

WEEKDAY MASS SCHEDULE

Tuesday and Thursday: 6:15 pm

Wednesday and Friday 8:00 am

*Livestream Mass

HOLY ROSARY

Tuesday—Thursday: after Weekday Masses

Friday: 7:15 am (with Divine Mercy Chaplet)

SACRAMENT OF RECONCILIATION

Tuesday and Thursday: 4:00 pm through 5:30 pm

ADORATION OF THE BLESSED SACRAMENT

First Thursday of the month: 12:00 pm to 6:00 pm

SACRAMENT OF BAPTISM

Families will meet with Deacon Steve and are **required** to attend one (1) Baptismal Preparation Class in the parish if you are seeking the Sacrament of Baptism for children under 7 years of age. Contact the Parish Office for more information.

SACRAMENT OF FIRST RECONCILIATION AND FIRST EUCHARIST

Children are required to register and attend Religious Education classes for the current school year in order to participate in the Sacramental Preparation program for First Reconciliation and First Eucharist. Contact the parish office for more information.

SACRAMENT OF CONFIRMATION FOR YOUTH

One-year preparation beginning in 10th Grade is required. Contact the parish office if your child is in the 10th grade and would like to receive the Sacrament of Confirmation.

SACRAMENT OF MATRIMONY

In the Diocese of Richmond, couples planning to be married in the Catholic Church should notify Father Anthony at least 6 to 9 months prior to requesting a wedding date.

ANOIDING OF THE SICK

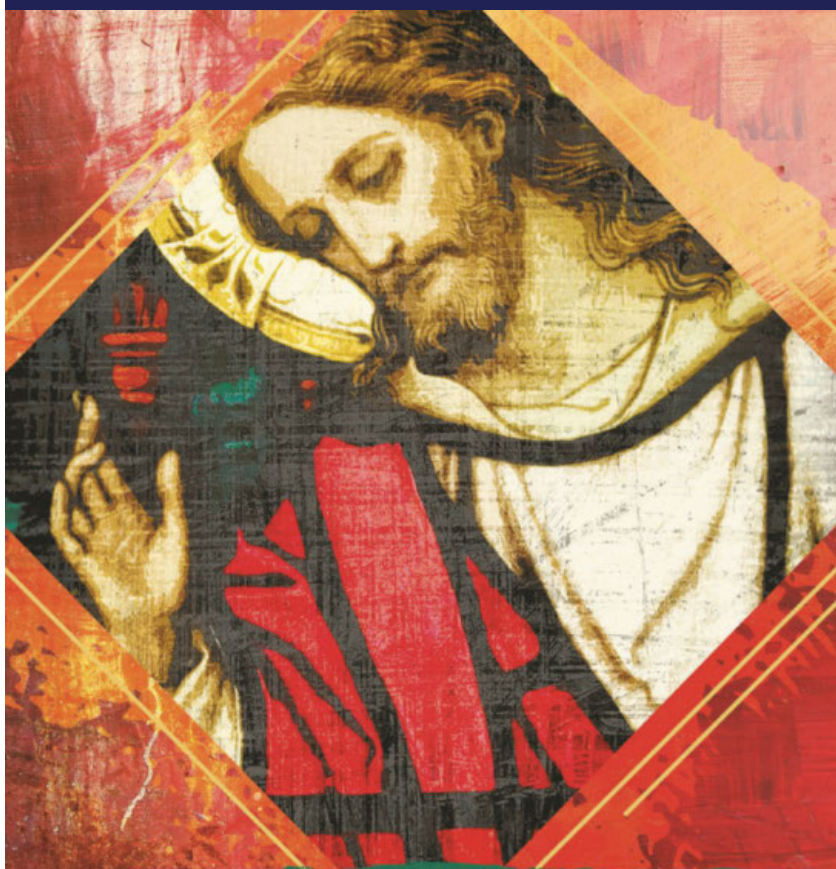
Christ strengthens our faith and bestows God's grace in a time of anxiety and pain. Please call the Parish office to make arrangements to celebrate this sacrament if you are ill, facing surgery or enduring current illness.

SACRAMENT OF HOLY ORDERS

Contact Father Anthony in the Parish office or the Office of Vocations (804) 359-5661 or via email at vocations@richmonddiocese.org, if you are discerning a call to the priesthood or consecrated life.

THE ORDER OF CHRISTIAN INITIATION OF ADULTS

Individuals interested in learning about the Catholic Church or entering the catechumenate, please contact Deacon Bob Smithberger in the parish office. Inquiry is welcome at any time.



19TH SUNDAY IN ORDINARY TIME

"For at an hour you do not expect,
the Son of Man will come." - Lk 12:40

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD. ©LPI



THIS WEEK AT HOLY SPIRIT*(Subject to change, please check our website or call the Parish office)***PLEASE SILENCE ALL CELL PHONES
AND ELECTRONIC DEVICES DURING MASS.****Public/Livestream***SUNDAY, AUGUST 10**

8:00 am Mass (WS)
Jone Langlands †

10:00 am * Mass (WS)†
Parishioners of Holy Spirit

12:00 pm Mass (WS)
Hazel Williams †

4:00 pm Stepping Stones—AA (L)

MONDAY, AUGUST 11 MEMORIAL OF SAINT CLARE, VIRGIN

6:00 pm SVDP Outreach Ministry Office

TUESDAY, AUGUST 12

4:00 pm Reconciliation (Ch)

6:15 pm Mass/Rosary (WS) **Coleman Sample †**

7:00 pm Haiti Ministry Meeting (L)

**WEDNESDAY, AUGUST 13 FEAST OF THE TRANSFIGURATION OF
THE LORD**

10:00 am Sunshine Club Board Meeting (L)

12:00 pm Canasta Card Players (A)

6:15 pm Ordination Anniversary Mass for Fr. Anthony/Rosary
Fr. Anthony Mpungu

7:00 pm Fr. Anthony's 20th Anniversary Ordination Reception

7:00 pm SVDP Meeting (L)

**THURSDAY, AUGUST 14 MEMORIAL OF SAINT MAXIMILLIAN
KOLBE, PRIEST AND MARTYR**

10:00 am SVDP Outreach Ministry Office hours

4:00 pm Reconciliation (Ch)

6:15 pm Memorial Mass/Rosary (WS) **Teodorico Echague †**

**FRIDAY, AUGUST 15 SOLEMNITY OF THE ASSUMPTION OF THE
BLESSED VIRGIN MARY -
HOLY DAY OF OBLIGATION**

8:00 am Mass (WS) **Asuncion Natividad Pacheco †**

12:00 pm Mass (WS) **Harlow Family**

7:00 pm Mass (WS) **Parishioners of Holy Spirit**

SATURDAY, AUGUST 16

5:00 pm Vigil Mass (WS)
Eva Arenas

IMPORTANT ANNOUNCEMENT

The daily Mass on Wednesday, August 13, will take place at 6:15 pm in celebration of Father Anthony's 20th Anniversary of his Ordination to the Priesthood. Please bring an appetizer or dessert (finger foods) to share for a reception after the Mass in Activity B.



The Mass for the Solemnity of the Assumption of the Blessed Virgin Mary, a **Holy Day of Obligation**, will be celebrated on Friday, August 15, at 8 am, 12 noon and 7 pm.

PARISH CLERGY AND STAFF**(757) 468-3600 | office@holyspiritvb.org****Pastor / Ext 103**Rev. Anthony Mpungu | FrAnthony@holyspiritvb.org**Deacons / Ext 109**Rev. Mr. Robert Smithberger | deaconbob@holyspiritvb.orgRev. Mr. Steve Kuczma | deaconsteve@holyspiritvb.org**Business Manager / Ext. 115**Lani Ulep mulep@holyspiritvb.org**Director of Liturgy & Music / Ext. 114**Erin Laurence elaurence@holyspiritvb.org**Coordinator for Faith Formation & Sacramental Prep / Ext 108**Jenny Scharf jscharf@holyspiritvb.org**Asst. Coordinator for Faith Formation / Ext. 113**Donna Consola dconsola@holyspiritvb.org**Parish Secretary / Ext 116**Joy Palm jpalm@holyspiritvb.org**Bookkeeper / Ext. 117**Anne Smithberger asmithberger@holyspiritvb.org**Office Assistant / Ext. 105**Kim Blanco kmblanco@holyspiritvb.org**Facilities Maintenance Assistant** Josh Gora**Pianist/Organist** Richard Dettbarn**Website Coordinator** Diana Ramos**PARISH COUNCIL**

Charlie Chan

Tim Hatton

Amy Cheatham

Ken Hobbs

Judee Clamor

Linda Kuehn

Marivic Ellorin

George Onodu

Ian Fajardo

PRAYER REQUESTS**FOR THE SICK****Marivic Ellorin, Todd Palm, Tony Quitaro**

Pray for all the names listed in our book of intentions.

† FOR THE DECEASED †

We extend our sincere sympathy and prayers to the family and friends of all who lost a loved one.

Consolacion Villanueva

Pray for all the names listed in our book of remembrance.

Eternal rest grant unto them, O Lord. Let perpetual light shine upon them. May they rest in peace. Amen.

**BULLETIN SPONSOR OF THE WEEK**

Thank you to our sponsor and parishioner.
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SUMMER INVITATION TO FAITHFUL GIVING

We would like to thank you for all that you do. Together, we truly make a difference.

As summer begins and our routines shift with vacations and time away, we gently remind you of the importance of your continued support of our parish. Your weekly offering helps sustain the ministries, outreach, and spiritual life we share together.

Even when you're away, your faithfulness makes a difference. We encourage you to consider setting up automatic bill pay or recurring giving to help ensure the life of our parish remains strong and steady during the summer months. If you need assistance in setting it up, please contact our Business Manager, Lani Ulep at 757-468-3600 or email: mulep@holyspiritvb.org.

Thank you for your generosity and the many ways you give of yourselves. May your summer be blessed with rest, joy, and renewal in Christ.

In peace and gratitude,
Father Anthony, Clergy, and Staff

SUPPORT HOLY SPIRIT THROUGH ONLINE DONATION

Simply scan the QR code to donate securely online. Your contribution, no matter the size, helps us continue our work and reach more people with the love of Christ. Thank you for your faithfulness and support!



WORLDWIDE MARRIAGE ENCOUNTER

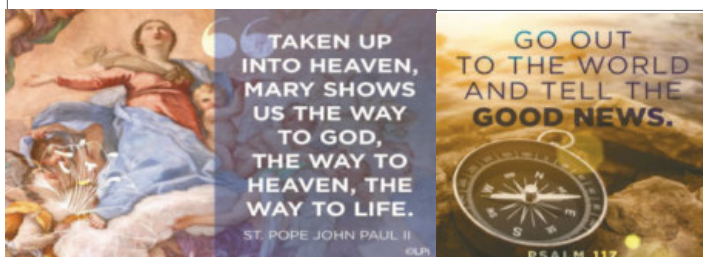


"I PLACE MUCH OF MY HOPE FOR THE FUTURE IN MARRIAGE ENCOUNTER". (Pope Saint John Paul II)

Your honeymoon was a special time. Wherever you went, the things you saw and did were secondary. Just being together was most important. The Worldwide Marriage Encounter Weekend has the same focus. The weekend centers entirely on your relationship. It is a positive, simple common sense, private experience between you and your spouse, that revitalizes marriage by helping you to see again those loving qualities in each other that you may be taking for granted. Upcoming experience are:

- **September 12-14, 2025 - Richmond VA**
- **October 24-26, 2025 - Jessup MD**
- **November 7-9, 2025 - Rehoboth Beach DE**
- **February 13-15, 2026 - Waynesboro VA**
- **March 6-8, 2026 - Hampton VA**

For more information please call 757-690-1369 or to register, go to **WWME.org**, click "Apply" and search for your desired location.



UPCOMING PARISH EVENTS

Holy Spirit at 50 ... Moved by the Spirit!

September 6, 2025 - Fruits of the Spirit Picnic

September 27, 2025 - Jubilee Golf Tournament (\$)

October 17, 2025 - Golden Jubilee Gala (\$)

www.holyspiritvb.org



COMMEMORATIVE APPAREL



**50TH ANNIVERSARY
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Available at the welcome desk or the parish office.

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CATHOLIC FEST



Catholic Fest

October 11, 2025

The Diamond, Richmond

Join Bishop Knestout and the entire diocese at a one-day festival in Richmond. The day will be full of music, food, fun, fellowship, faith, and celebrating the Mass as the Diocese of Richmond.

For more info: <https://catholicfest.richmonddiocese.org/>

DIOCESAN VIRTUAL SUPPORT GROUP

Dedicated to helping you heal

Virtual Support Group for those who have suffered abuse by clergy or lay personnel residing in the Catholic Diocese of Richmond.

We invite you to join the group on the second Monday of each month at 7:30 p.m. These gatherings, led by an independent facilitator, will offer a safe environment for participants to connect, share experiences, support, and heal. Spouses and affected community members are also welcome.

Questions or to join please email Paula Kaempffer at kaempfferp@archspm.org or call 763-688-3978.

SOCIETY OF ST. VINCENT DE PAUL

www.SVDP-HolySpirit.org

SVDP Office number: (757) 468-1533

svdp@holyspiritvb.org

Outreach Office Hours:

Monday 6:00 pm to 8:00 pm

Tuesday & Thursday: 10:00 am to 12:00 pm

FOOD PANTRY NEEDS

This week, we are most in need of:

Hearty soups

Pasta sauce

Boxes of assorted oatmeal packets

Please place your non-perishable donations on the wire rack in front of the parish office. Thank you.

Thank you for your generosity!

NIGHT MANAGERS NEEDED!

This ministry serves an important role in keeping the church building and parishioners safe and secure. An assigned person each weeknight assumes responsibility for opening and closing the parish, receiving and greeting visitors and parishioners, and is responsible for the safety and security of the facilities and all who are using it during evening hours. This is scheduled on a rotating basis from Sunday-Thursday from 6:30 pm—9 pm.

If you are interested or would like more information, contact Lani in the parish office at 757-468-3600 or by email at mulep@holyspiritvb.org

Please note: The Diocese of Richmond requires **ALL** volunteers to complete a yearly background check and VIRTUS training every five years.

WE ♥ OUR VOLUNTEERS

EMMAUS JOURNEY RETREAT

The pain of a parent who has lost a child can be an excruciating, all-consuming grief, accompanied by an emptiness or sorrow that is isolating and unrelenting. This grief often challenges the parent's sense of identity, purpose, and faith. The journey through this pain is deeply personal and can be marked by moments of unexpected joy as they remember their child.

The Emmaus Journey Retreat is offered for parents just like this. No matter the age of your child, the circumstances of their passing, or how much time has gone by, you are invited to join us for a day retreat of healing.

Three retreats will be offered in 2025.

October 18th — St. Edward the Confessor, Richmond.

For more information: evangelizerichmond.org

RELIGIOUS EDUCATION CLASS

The 2025-2026 Christian Formation religious education class registration is now open!

Registration Fee \$75 per child.

Multiple Children discount:

Two (2) children—\$15 off

Three (3) children or more - \$25 off

Sept. 14 at 1:30 pm—Christian Formation Kickoff Cookout
Christian Formation Classes starts on Sunday, September 28.

To register your child(ren), go to:

Grades K-5: <https://tinyurl.com/2025RelEdK-5>

Scan QR Code:



Middle School EDGE: <https://tinyurl.com/2025-26EDGE>

Or Scan QR Code:



High School Life Teen:

<https://tinyurl.com/2025-26HSLifeTeen>

Or Scan QR Code:



For more information or if you are interested in becoming a catechist or aide contact Jenny Scharf, Donna Consola or Kim Blanco in the parish office.

CHILDREN'S LITURGY OF THE WORD (CLOW)

We are looking for volunteers and aides for Children's Liturgy of the Word (CLOW) during the 10 am Mass.

If you are interested or would like more information, contact Donna Consola in the parish office at ext. 113 or by email at dconsola@holyspiritvb.org

VOLUNTEER REQUIREMENT

The Diocese of Richmond requires **ALL** volunteers complete a yearly background check and VIRTUS training every five years.

HEALING GRACE CD

Now available for purchase online on Apple iTunes Music and Amazon Music. Now at a lower price for the physical CD for \$15 each and is still available at the parish office.

Finding hope through Scripture, reflections and prayers offered by Rev. Matthew Kiehl, Vicar for Vocations and Rev. Timothy Kuhneman, Vicar for Clergy, who are both former pastors of Holy Spirit. Music by Erin Laurence and Justin Kauflin.

100% of the proceeds go directly to Holy Spirit Catholic Church

COLUMBARIUM SAFETY NOTICE

Please **DO NOT leave GLASS** vases when bringing flowers to loved ones in the Columbarium.

CATHOLIC LIFE EXPLAINED WHY DO WE DO THAT?

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PARISH REGISTRATIONS

Question:

*Why is it so important that we register in a parish?
Isn't it good enough that we go to Mass?*

Registration is the official way we join a parish community. Many people think that because they attend a particular parish they automatically belong. At times, young adults who have moved away for years think they are still signed up under their parents. But membership requires signing up, formally enrolling yourself in a parish. Registration is a commitment to a community, a way to be included in the religious, social, and ministerial activities of your parish. Your registration affects the parish in many ways. Census numbers can determine how many priests are assigned to a church, what benefits and obligations the community has to the diocese, and how Masses, Confessions, and devotions are planned and scheduled.

Registration shows you belong. It is also necessary for certain benefits, like scheduling sacraments, obtaining sponsor certificates, and getting donation statements for taxes. Most importantly, it lets the parish count on you, to call on you to assist in its mission. Registering in your parish is a statement of faith and confidence in the life and work of your parish.

QUESTION OF THE WEEK REFLECT AND RESPOND TO THE SCRIPTURE

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FIRST READING:

The Book of Wisdom speaks of having faith and courage in the knowledge of God's providence. What do you pray for God to provide for you and your family?

SECOND READING:

Hebrews cites Abraham as the model of faith and trust in the Lord. Who would you hold up today as a role model for our faith?

GOSPEL:

Jesus teaches the disciples to be vigilant and prudent with the gifts God has given to each of us. What are some of your gifts that you share with others?

LOW GLUTEN HOST

If you are in need of a low-gluten host at Mass, please contact the Parish office.

BORROWED PYX

Please return borrowed pyx to the Parish Office.

ASSISTANCE DURING COMMUNION



Parishioners who are unable to walk in the communion line to receive the Eucharist during weekend Masses are asked to inform an Usher **before** Mass begins each week. This will ensure that the head usher directs the Deacon and/or the (EMHC) Extraordinary Minister of Holy Communion to your seat with the Host and that you do not miss the opportunity to receive the Lord.

GOSPEL MEDITATION ENCOURAGE DEEPER UNDERSTANDING OF SCRIPTURE

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There was a young mother in my parish community who was depressed due to financial strain. She prayed for help. One morning before Mass, she placed on the counter a zip-lock bag filled with jewelry and old coins. Smiling, she explained she had been fixing an old cabinet and found the items hidden deep within the walls of her home. One particular coin could be worth as much as \$900,000. The contents of the bag—previously unknown to them—were now their prized possession. Their plans changed that week. They had to learn how much it was worth.

This week, the Lord tells us, “**For where your treasure is, there also will your heart be**” (Luke 12:34). Our lives revolve around what we treasure. When we discover the treasure the Father gives us—the kingdom of God—everything changes. We might not know its precise value, but we rearrange our lives around it. The joy of this discovery should never be far from our minds.

Sometimes we go through times when we can't find this treasure. It seems hidden. Or it appears like dirty old coins and worthless jewelry in a Ziploc bag. But how crazy would my parishioners be if they tossed it away without knowing the cash value? How much crazier are we if we center our hearts on any treasure except that of Jesus and his kingdom? Remember, the Father is pleased to give it to us. That's why we put our hearts there, even when it is hidden.

— Father John Muir

LIVE THE LITURGY INSPIRATION FOR THE WEEK

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We are the servants and God is our master. He has told us His will, and given us all that we need to carry out His directions. Do we have the courage to act as our master desires? Do we have what it takes to be stewards of God's grace?

CATHOLIC TRIVIA

©LPI

Question: *What is the name for the short stories Jesus would tell to teach a spiritual lesson based on familiar life experiences?*

Answer: Parables.

READINGS FOR THE WEEK

Sunday: Wis 18:6-9/Ps 33/Heb 11:1-2, 8-19/Lk 12:32-48

Monday: Dt 10:12-22/Ps 148/Mt 17:22-27

Tuesday: Dt 31:1-8/Dt 32/Mt 18:1-5, 10, 12-14

Wednesday: Dt 34:1-12/Ps 66/Mt 18:15-20

Thursday: Jos 3:7-10a, 11, 13-17/Ps 114/Mt 18:21—19:1

Friday: Rv 11:19a; 12:1-6a, 10ab/Ps 45/1 Cor 15:20-27/
Lk 1:39-56

Saturday: Jos 24:14-29/Ps 16/Mt 19:13-15



PRAY FOR VOCATIONS

VOCATION MINISTRY



"YOU ALSO MUST BE PREPARED, FOR AT AN HOUR YOU DO NOT EXPECT, THE SON OF MAN WILL COME ."

The call to serve can come unexpectedly. Be open to the ways God may be calling you to the priesthood or consecrated life.

Talk to your priest or reach out to the Vocation Office at (804) 359-5661 or via email: vocations@richmonddiocese.org.

PRAY FOR OUR SEMINARIANS

Brennen McCoy, Michael Anctil, Scott Campolongo, Graham Fassero, Charlie Tamayo, William Yearout, Chad Wilson, Jack Domark, Carl Baumann, Jonathan Kenney, Neal McCaffrey, Minh Tran, Avention Grimes, Andrew Allen, Martin Beers, Tim Soukup, Carlos Gonzalez Jr.

SUPPORT NEEDED FOR SEMINARIANS

Our seminarians could use letters of encouragement and support. If you are interested in lifting their spirits and encouraging them in their vocation to serve our Lord as future priests through cards or letters, contact the parish office for their address.

Thank you for supporting our seminarians.

HOMEBOUND MINISTRY

If you are unable to attend Mass due to illness, call the Parish office to request communion brought you.

CYBERCRIME ALERT

If you receive a phone call, text, or email claiming to be from Father Anthony requesting money or gift cards, please be aware that this is a scam. Do not engage, reply, or click on any links. Father Anthony will **never** ask for money or gifts in this manner. Stay vigilant and report any suspicious messages to the parish office.

ADDRESS & CONTACT INFO CHANGE

If you have a change of address or contact info, please contact the parish office at (757) 468-3600 or by email at office@holyspiritvb.org so we can update our records. Thank you.

PARISH REGISTRATION

Why should you "officially" register as a parishioner at Holy Spirit Catholic Church?

It is a requirement for any type of sponsorship documentation, such as Baptismal Attestation to be a godparent for Baptism, or letters of good standing for Catholic schools.

Registration forms are available online at www.holyspiritvb.org or pick up a registration form at the information desk in the commons. Call the parish office if you have any questions.

PRAYER FOR GENEROSITY

God who has gifted me every good thing,
Help me to remember what truly matters.
To treasure love above all else,
and to serve readily.
Amen.

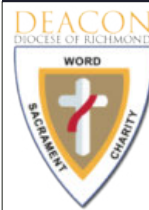
POPE'S MONTHLY PRAYER INTENTION FOR AUGUST



FOR MUTUAL COEXISTENCE

Let us pray that societies where coexistence seems more difficult might not succumb to the temptation of confrontation for ethnic, political, religious, or ideological reasons .

PERMANENT DIACONATE



IS GOD IS CALLING YOU TO SERVE HIM AS A DEACON?

The Office of the Permanent Diaconate is hosting informational sessions this fall for men who might have a calling to ordained service to the Church and to the bishop as a permanent deacon, and are interested in discerning their calling while learning about the commitment it involves. Men between the ages of 30 and 59 are invited to speak with their pastor about becoming a deacon. This fall, those men recommended to the diocesan office by their pastor can join information sessions on the vocation.

Qualifications for formation to the permanent diaconate include, but are not limited to the following:

- A Roman Catholic for a minimum of 5 years at time of application.
- Registered parishioner within the Diocese of Richmond for 5 years at the time of application, and active in the parish community.
- Between the ages of 30 and 59 at the time of application.
- Committed to and living out values of justice, charity and service.
- Demonstrates grateful fidelity to all that the Church teaches, openness to formation and has demonstrated leadership.

Permanent deacons are assigned to a parish where they exercise liturgical and catechetical ministries within their parish communities. Deacons hold roles both in their Church and in a variety secular professions, showing how unique this vocation is. Please prayerfully discern whether you may be called to join a thriving and essential vocation to serve the Church in a new way.

This fall, those men recommended to the diocesan office by their pastor can join information sessions on the vocation. The deadline for pastors to submit recommendations is Aug. 29

For those interested or would like more information, contact Deacon Bob Smithberger in the parish office or by email at deaconbob@holyspiritvb.org.



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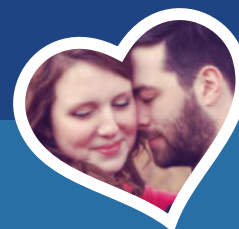


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