

# HOLY SPIRIT CATHOLIC CHURCH

1396 Lynnhaven Parkway, Virginia Beach, VA 23453 Office: (757) 468-3600 | Fax: (757) 468-3342 Sacramental Emergency (after hours): (757) 904-3069 www.holyspiritvb.org | office@holyspiritvb.org Facebook / Instagram / YouTube: Holy Spirit VB

### **PARISH OFFICE HOURS:**

Monday - Thursday: 9:00 am - 12:30 pm and 1:30 pm - 4:30 pm Friday: 9:00 am - 12 pm

# **OUR MISSION**

A Catholic community living the apostolic mission to love God, love our neighbor, and make disciples.

# JULY 13, 2025



• 15TH SUNDAY IN ORDINARY TIME •

YOU SHALL LOVE YOUR NEIGHBOR AS YOURSELF.

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WEEKEND MASS SCHEDULE

Saturday Vigil: 5:00 pm Sundays: 8:00 am, \*10:00 am & 12:00 pm

WEEKDAY MASS SCHEDULE

Tuesday and Thursday: 6:15 pm Wednesday and Friday 8:00 am

\*Livestream Mass

### **HOLY ROSARY**

Tuesday—Thursday: after Weekday Masses Friday: 7:15 am (with Divine Mercy Chaplet)

**SACRAMENT OF RECONCILIATION** Tuesday and Thursday: 4:00 pm through 5:30 pm

ADORATION OF THE BLESSED SACRAMENT First Thursday of the month: 12:00 pm to 6:00 pm

#### SACRAMENT OF BAPTISM

Families will meet with Deacon Steve and are **required** to attend one (1) Baptismal Preparation Class in the parish if you are seeking the Sacrament of Baptism for children under 7 years of age. Contact the Parish Office for more information.

# SACRAMENT OF FIRST RECONCILIATION AND FIRST EUCHARIST

Children are required to register and attend Religious Education classes for the current school year in order to participate in the Sacramental Preparation program for First Reconciliation and First Eucharist. Contact the parish office for more information.

### SACRAMENT OF CONFIRMATION FOR YOUTH

One-year preparation beginning in 10th Grade is required. Contact the parish office if your child is in the 10th grade and would like to receive the Sacrament of Confirmation.

### SACRAMENT OF MATRIMONY

In the Diocese of Richmond, couples planning to be married in the Catholic Church should notify Father Anthony at least 6 to 9 months prior to requesting a wedding date.

### ANOINTING OF THE SICK

Christ strengthens our faith and bestows God's grace in a time of anxiety and pain. Please call the Parish office to make arrangements to celebrate this sacrament if you are ill, facing surgery or enduring current illness.

### SACRAMENT OF HOLY ORDERS

Contact Father Anthony in the Parish office or the Office of Vocations (804) 359-5661 or via email at vocations@richmonddiocese.org, if you are discerning a call to the priesthood or consecrated life.

# THE ORDER OF CHRISTIAN INITIATION OF ADULTS

Individuals interested in learning about the Catholic Church or entering the catechumenate, please contact Deacon Bob Smithberger in the parish office. Inquiry is welcome at any time.

15TH SUNDAY IN ORDINARY TIME	
THIS	S WEEK AT HOLY SPIRIT
(Subject to chang	ge, please check our website or call the Parish office)
PLEASE SILENCE <u>ALL</u> CELL PHONES AND ELECTRONIC DEVICES DURING MASS.	
*Public/Livestream	
SUNDAY, JULY 1	
8:00 am	Mass (WS)
	Jaime Paredes Sr. †
10:00 am	* Mass (WS)
	Antonio & Elsa Bonoan
12:00 pm	Mass (WS)
F	Gloria Alfaro †
4:00 pm	Stepping Stones—AA (L)
	4 MEMORIAL OF SAINT KATERI TEKAKWITH,
¥	VIRGIN
9:00 am	Vacation Bible School
6:00 pm	SVDP Outreach Ministry Office
	15 MEMORIAL OF SAINT BONAVENTURE,
· · · ·	BISHOP AND DOCTOR OF THE CHURCH
9:00 am	Vacation Bible School
10:00 am	SVDP Outreach Ministry Office hours
4:00 pm	Reconciliation (Ch)
6:15 pm	Mass (WS) Delilah DiliDili & Family †
7:00 pm	Jubilee Sub-Committee Meeting (L)
WEDNESDAY, JULY 16	
8:00 am	Mass (WS) Haiti Ministry
9:00 am	Vacation Bible School
7:00 pm	Parish Council (L)
THURSDAY, JULY 17	
9:00 am	Vacation Bible School
10:00 am	SVDP Outreach Ministry Office hours
4:00 pm	Reconciliation (Ch)
6:15 pm	Mass/Rosary (WS) All Souls in Purgatory †
7:00 pm	Finance Council (L)
FRIDAY, JULY 18	
7:15 am	Rosary/Divine Mercy Chaplet (WS)
8:00 am	Mass (WS) Marietta Siscar
8:30 am	Potluck Breakfast Social Gathering (B)
9:00 am	Vacation Bible School
9:30 am	Bible Study—Faith Sharing Community (L)
SATURDAY, JULY 19	
5:00 pm	Vigil Mass (WS)
	Lorenzo Cafuir †

### HEALING GRACE CD



Now available for purchase online on Apple iTunes Music and Amazon Music. Now at a lower price for the physical CD for \$15 each and is still available at the parish office.

Finding hope through Scripture, reflections and prayers offered by Rev. Matthew Kiehl, Vicar for Vocations and Rev. Timothy Kuhneman, Vicar for Clergy, who are both former pastors of Holy Spirit. Music by Erin Laurence and Justin Kauflin.

100% of the proceeds go directly to Holy Spirit Catholic Church



VACATION BIBLE SCHOOL July 14 - 18, 2025 9:00 am - 12 noon

# PARISH CLERGY AND STAFF

(757) 468-3600 | office@holyspiritvb.org

Pastor / Ext 103 Rev. Anthony Mpungu | FrAnthony@holyspiritvb.org Deacons / Ext 109 Rev. Mr. Robert Smithberger | *deaconbob@holyspiritvb.org* Rev. Mr. Steve Kuczma | deaconsteve@holyspiritvb.org Business Manager / Ext. 115 Lani Ulep ...... mulep@holyspiritvb.org Director of Liturgy & Music / Ext. 114 Erin Laurence ..... elaurence@holyspiritvb.org Coordinator for Faith Formation & Sacramental Prep / Ext 108 Jenny Scharf ..... jscharf@holyspiritvb.org Asst. Coordinator for Faith Formation / Ext. 113 Donna Consla ..... dconsla@holyspiritvb.org Parish Secretary / Ext 116 Joy Palm ...... jpalm@holyspiritvb.org Bookkeeper / Ext. 117 Anne Smithberger ...... asmithberger@holyspiritvb.org Office Assistant / Ext. 105 Kim Blanco...... kmblanco@holyspiritvb.org Facilities Maintenance Assistant .....Josh Gora Pianist/Organist ..... Richard Dettbarn Website Coordinator ..... Diana Ramos

### **PARISH COUNCIL**

Charlie Chan Amy Cheatham Judee Clamor Marivic Ellorin Ian Fajardo Tim Hatton Ken Hobbs Linda Kuehn George Onodu

# PRAYER REQUESTS

### FOR THE SICK

Shan Bama Kinkle

Pray for all the names listed in our book of intentions.

# <mark>† FOR THE DECEASED</mark> <mark>†</mark>

We extend our sincere sympathy and prayers to the family and friends of all who lost a loved one.

### Pete Barker

Pray for all the names listed in our book of remembrance.

Eternal rest grant unto them, O Lord. Let perpetual light shine upon them. May they rest in peace. Amen.



### **BULLETIN SPONSOR OF THE WEEK**

Thank you to our sponsor. Beach Tree and Stump **15TH SUNDAY IN ORDINARY TIME** 

### SUMMER INVITATION TO **FAITHFUL GIVING**

### We would like to thank you for all that you do Together, we truly make a difference.

As summer begins and our routines shift with vacations and time away, we gently remind you of the importance of your continued support of our parish. Your weekly offering helps sustain the ministries, outreach, and spiritual life we share together.

Even when you're away, your faithfulness makes a difference. We encourage you to consider setting up automatic bill pay or recurring giving to help ensure the life of our parish remains strong and steady during the summer months.

If you need assistance in setting it up, please contact our Business Manager, Lani Ulep at 757-468-3600 or email: mulep@holyspiritvb.org.

Thank you for your generosity and the many ways you give of yourselves. May your summer be blessed with rest, joy, and renewal in Christ.

In peace and gratitude, Father Anthony, Clergy, and Staff

### SUPPORT HOLY SPIRIT THROUGH **ONLINE DONATION**

Simply scan the QR code to donate securely online. Your contribution, no matter the size, helps us continue our work and reach more people with the love of Christ. Thank you for your faithfulness and support!





# JCOC

The next JCOC dinner is on



Pick up a tag in the commons, sign up to donate by scanning the QR code, or sign up at

https://tinvurl.com/July 28JCOCDinner Please return all donations by Sunday, July 27 at 11:30 am.

### ANNUAL DIOCESAN APPEAL

Scan to donate or visit RichmondCatholicFoundation.org/Appeal







the Annual Diocesan Appeal supports **Hispanic Ministry** 

YEAR C JULY 13, 2025

# **UPCOMING PARISH EVENTS**

Holy Spirit at 50 ... Moved by the Spirit! September 6, 2025 - Fruits of the Spirit Picnic September 27, 2025 - Jubilee Golf Tournament (\$) October 17, 2025 - Golden Jubilee Gala (\$) www. holyspirityb.org



### CATHOLIC FEST



Catholic Fest October 11, 2025 The Diamond, Richmond

Join Bishop Knestout and the entire diocese at a one-day festival in Richmond. The day will be full of music, food, fun, fellowship, faith, and celebrating the Mass as the Diocese of Richmond.

For more info: https://catholicfest.richmonddiocese.org/

# THANK YOU FROM HAITI MINISTRY

# HOPE FOR HAITI FUNDRAISER

ank to our parish community for supporting the Hope • FOR HAITI FUNDRAISER! THANKS TO THOSE THAT DONATED ITEMS

AND VOLUNTEERED TIME. THE BAKED GOODS. RAFFLES. HOME DECOR AND JEWELRY SALES WERE A SUCCESS. OVER \$2.300 WAS RAISED TO PROVIDE ASSISTANCE FOR THE HAITIAN STUDENTS AND TEACHERS! SPECIAL THANKS TO FR. ANTHONY WITH THE TRICKY TRAY RAFFLE AND CAKE DECORATING CONTEST. FR. RONALD. THE PASTOR OF OUR TWIN PARISH SHARED HIS SINCERE THANKS AND

**BLESSINGS FOR YOUR GENEROSITY!** 



HOLY SPIRIT PARISH HAITI MINISTRY NOTRE DAME DU MONT CARMEL | SAUT D'EAU, H

# ASSISTANCE DURING COMMUNION



Parishioners who are unable to walk in the communion line to receive the Eucharist during weekend Masses are asked to inform an Usher before Mass begins each week. This will ensure that the head usher directs the Deacon and/or the (EMHC)

Extraordinary Minister of Holy Communion to your seat with the Host and that you do not miss the opportunity to receive the Lord.

### SOCIETY OF ST. VINCENT DE PAUL



www.SVDP-HolySpirit.org SVDP Office number: (757) 468-1533

# svdp@holyspiritvb.org

Outreach Office Hours:

Monday 6:00 pm to 8:00 pm Tuesday & Thursday: 10:00 am to 12:00 pm

### **FOOD PANTRY NEEDS**

This week, we are most in need of:

**Hearty soups** Pasta sauce Boxes of assorted oatmeal packets

Please place your non-perishable donations on the wire rack in front of the parish office. Thank you.

# Thank you for your generosity! NIGHT MANAGERS NEEDED!

This ministry serves an important role in keeping the church building and parishioners safe and secure. An assigned person each weeknight assumes responsibility for opening and closing the parish, receiving and greeting visitors and parishioners, and is responsible for the safety and security of the facilities and all who are using it during evening hours. This is scheduled on a rotating basis from Sunday-Thursday from 6:30 pm-9 pm.

### If you are interested or would like more information, contact Lani in the parish office at 757-468-3600 or by email at mulep@holyspiritvb.org

Please note: The Diocese of Richmond requires ALL volunteers to complete a yearly background check and VIRTUS training every five years.

#### **OUR VOLUNTEERS** WE

### EMMAUS JOURNEY RETREAT

The pain of a parent who has lost a child can be an excruciating, all-consuming grief, accompanied by an emptiness or sorrow that is isolating and unrelenting. This grief often challenges the parent's sense of identity, purpose, and faith. The journey through this pain is deeply personal and can be marked by moments of unexpected joy as they remember their child.

The Emmaus Journey Retreat is offered for parents just like this. No matter the age of your child, the circumstances of their passing, or how much time has gone by, you are invited to join us for a day retreat of healing.

### Three retreats will be offered in 2025.

August 2nd — Our Lady of Mount Carmel, Newport News, October 18th — St. Edward the Confessor, Richmond. For more information: evangelizerichmond.org

YEAR C

### RELIGIOUS EDUCATION CLASS

All Faith formation religion classes have concluded this school year. The 2025-2026 Religion classes will resume in the fall. Registration will be available soon.

For more information, contact Jenny Scharf at extension 108 or Donna Consla at extension 113 in the parish office.

### **CHILDREN'S LITURGY OF THE WORD (CLOW)**

We are looking for volunteers and aides for Children's Liturgy of the Word (CLOW) during the 10 am Mass.

If you are interested or would like more information, contact Donna Consla in the parish office at ext. 113 or by email at dconsla@holyspiritvb.org

### **VOLUNTEER REQUIREMENT**

The Diocese of Richmond requires ALL volunteers complete a yearly background check and VIRTUS training every five years.

### **HOMEBOUND MINISTRY**

If you are unable to attend Mass due to illness, call the Parish office to request communion brought you.

### **VIRGINIA CATHOLIC CONFERENCE PARISH VOTE REPORT**

# THE CONSTITUTIONAL AMENDMENT **PROCESS IN VIRGINIA**

A TWO-YEAR ENDEAVOR



Amendment passes the 4 GA for a second time.

Amendment passes the 2 General Assembly (GA).

5 before voters.

Elections for members of 3 the House of Delegates.

If approved, the 6 Amendment is adopted.

Currently, **three amendments** have made it past Step Two. Elections for the House of Delegates will take place in Nov. 2025. The amendments will then be voted on again next session and, if passed in the 2026 General Assembly, sent to the voters in Nov. 2026.

# OPPOSE:

"RIGHT TO ABORTION" Extreme amendment would allow virtually unlimited abortion.

### REDEFINING MARRIAGE

An amendment to repeal the one-man/one-woman marriage provision



### VOTING RIGHTS RESTORATION

Amendment would guarantee voting rights to all who finished their sentences.

#### Scan the OR code to learn more:

Join our email network at vacatholic.org/action



### CATHOLIC LIFE EXPLAINED WHY DO WE DO THAT?

## WHAT IS MAMMON?

#### Question:

When Jesus says, "You cannot serve both God and mammon," what does he mean? What is mammon?

When you hear Scripture proclaimed each Sunday, remember it wasn't originally written in English. Hebrew, Aramaic, Greek — these ancient tongues were the original language of our Old and New Testaments. Most of the time, all of the words are translated into our native language. Sometimes, a word or two is left in the original language. Such is the case in this Scripture passage.

Mammon is an ancient Aramaic word referring to money, wealth, or profit. Earthly wealth isn't bad in itself, nor does it automatically exclude us from being a disciple of Jesus. But what dominates our life? To serve money — that is, to seek accumulation of wealth for its own sake and to structure our lives around it — is morally problematic. What good is our wealth if it isn't at the service of others? What good is our wealth if its pursuit leads us to selfishness, obsession, greed, envy, and comparison? There are many things that can be opposed to our service of God — power, prestige, popularity. Ultimately, something in our lives will be our master. But there is only one God worth serving.

### QUESTION OF THE WEEK REFLECT AND RESPOND TO THE SCRIPTURE

©LPI

©LPI

### FIRST READING:

Moses taught the Israelite that the Lord is not remote but nearby to each of us. When was a time you felt especially close to God ?

### SECOND READING:

Today's reading is a poem composed by Paul to describe the divinity and supremacy of Jesus. How do you express your thoughts about Jesus to others ?

### GOSPEL:

In the parable of the good Samaritan, Jesus teaches the lawyer that a neighbor is anyone you treat with mercy. Who might you treat with mercy this week?

### SPIRITUAL DIRECTION, EXPLAINED

Spiritual direction is the practice of seeking counsel from someone who is trustworthy and learned in the faith for the purpose of discerning the will of God in one's life and for more effectively living out one's baptismal calling.

All Christians are commanded, in a way, to provide spiritual aid to one another ("Go, make disciples of all nations...teaching them to observe all that I have commanded you" — Matthew 28:19), but a spiritual director is usually an individual who has received some form of training or formation for this specific purpose. The Catholic Church, however, does not have explicit requirements, professional standards or a formal certification process for spiritual directors. Spiritual directors can be lay, religious or ordained persons.

Spiritual direction is not to be confused with the sacrament of Penance, though the latter does usually include some spiritual counsel.

### YEAR C | JULY 13, 2025 GOSPEL MEDITATION

# ENCOURAGE DEEPER UNDERSTANDING OF SCRIPTURE

I used to be a bad neighbor. I'd get wrapped up in my life and ignore those around me. Then I found sage advice from Benjamin Franklin to this effect: to be a better neighbor, ask someone to do a favor for you. It's counterintuitive, isn't it? Tell strangers that I need their help? Yuck. I'll risk looking needy. Worse, I'll be indebted to them. But I tried it, and it works like a charm. Recently I asked my neighbor Alan for a hacksaw, and Inga for an egg. They kindly obliged, and our friendship is growing.

This week we hear a scribe of the law cynically ask Jesus, "And who is my neighbor?" (Luke 10:29). Like him, we prefer to keep the list of our "neighbors" as short as possible. It requires less interruption and inconvenience. But when Jesus tells the parable of the Good Samaritan, he exposes the lonely, cold-heartedness tendency of the scribe's (and our) heart. My "neighbor" is anyone I encounter who manifests a concrete need. There isn't time to require any other credential because human need opens us to the happy reciprocity which is love.

Jesus' words challenge us this week to ask a neighbor for help in some small way. How marvelous that God himself shows us how. He moves into our world and asks us to love Him with small deeds of love. Maybe that's where Ben Franklin got the idea.

— Father John Muir

### LIVE THE LITURGY INSPIRATION FOR THE WEEK

©LPi

Everyone is our neighbor — those we love and those we can't stand, the people we agree with and the people whose opinions we hate. In today's Gospel, Jesus tells us that we must not only see ourselves in every person we meet — we must see him, too.

### **CATHOLIC TRIVIA**

©LPi

<u>Question</u>: Which Old Testament prophet foretold the Virgin Mary and her conception of Jesus?

Answer: The Prophet Isaiah.

### **BORROWED PYX**

Please return borrowed pyx to the Parish Office.

### **READINGS FOR THE WEEK**

Sunday: Dt 30:10-14/Ps 69/Col 1:15-20/Lk 10:25-37 Monday: Ex 1:8-14, 22/Ps 124/Mt 10:34—11:1 Tuesday: Ex 2:1-15a/Ps 69/Mt 11:20-24 Wednesday: Ex 3:1-6, 9-12/Ps 103/Mt 11:25-27 Thursday: Ex 3:13-20/Ps 105/Mt 11:28-30 Friday: Ex 11:10—12:14/Ps 116/Mt 12:1-8 Saturday: Ex 12:37-42/Ps 136/Mt 12:14-21 Next Sunday: Gn 18:1-10a/Ps 15/Col 1:24-28/Lk 10:38-42 **15TH SUNDAY IN ORDINARY TIME** 



#### "YOU SHALL LOVE THE LORD, YOUR GOD, WITH ALL YOUR HEART, WITH ALL YOUR BEING, WITH ALL YOUR STRENGTH, AND WITH ALL YOUR MIND, AND YOUR NEIGHBOR AS YOURSELF."

Is God calling you to love Him through a life of service to others in the Church? Pray about how you can fulfill this greatest commandment through a vocation. Talk to your priest or reach out to the Vocation Office at (804) 359-5661 or via email: vocations@richmonddiocese.org.

### PRAY FOR OUR SEMINARIANS

Brennen McCoy, Michael Anctil, Scott Campolongo, Graham Fassero, Charlie Tamayo, William Yearout, Chad Wilson, Jack Domark, Carl Baumann, Jonathan Kenney, Neal McCaffrey, Minh Tran, Aventon Grimes, Andrew Allen, Martin Beers, Tim Soukup, Carlos Gonzalez Jr.

### SUPPORT NEEDED FOR SEMINARIANS

Our seminarians could use letters of encouragement and support. If you are interested in lifting their spirits and encouraging them in their vocation to serve our Lord as future priests through cards or letters, contact the parish office for their address.

### Thank you for supporting our seminarians.

# **CATHOLIC RELIEF SERVICES**



### **ACTION ALERT**

Catholic Relief Services was the top recipient of USAID funding and the loss of funds has been devastating to communities around the world.



By April 19, 2025, **CRS received termination** notices for 69 poverty-reducing and lifesaving programs in over 30 countries including a program that supported Amina (left) who was featured in CRS Ricebowl 2025.

In May, CRS received terminations for all three of the agency's Food for Progress programs and eleven of CRS' McGovern-Dole Food for Education programs in countries around the world.

### What does this mean?

CRS' school feeding programs **will no longer provide meals to 800,000 children in 11 countries.** For many, these meals are their only meals of the day.



### What can you do?

Contact your Members of Congress now.

Go to bit.ly/SaveCRSprograms

YEAR C | JULY 13, 2025

### **PRAYER FOR CHARITY**

Give me the grace, Lord, to truly see those around me: the overlooked, the uncomfortable, the odd and disliked. Your kingdom is one of belonging,

help us to be the types of neighbors who see and respond with Godly generosity. Amen.

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### POPE'S MONTHLY PRAYER INTENTION FOR JULY



### FOR FORMATION AND DISCERNMENT

 Let us pray that we might again learn how to discern, to know how to choose paths of life, and reject everything that leads us away from Christ and the Gospel.

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### LOW GLUTEN HOST

If you are in need of a low-gluten host at Mass, please contact the Parish office.

### COLUMBARIUM SAFETY NOTICE

Please **DO NOT leave GLASS** vases when bringing flowers to loved ones in the Columbarium.

### **CYBERCRIME ALERT**

If you receive a phone call, text, or email claiming to be from Father Anthony requesting money or gift cards, please be aware that this is a scam. Do not engage, reply, or click on any links. Father Anthony will **never** ask for money or gifts in this manner. Stay vigilant and report any suspicious messages to the parish office.

### ADDRESS & CONTACT INFO CHANGE

If you have a change of address or contact info, please contact the parish office at (757) 468-3600 or by email at office@holyspiritvb.org so we can update our records. Thank you.

### PARISH REGISTRATION

# Why should you "officially" register as a parishioner at Holy Spirit Catholic Church?

It is a requirement for any type of sponsorship documentation, such as Baptismal Attestation to be a godparent for Baptism, or letters of good standing for Catholic schools.

Registration forms are available online at *www.holyspiritvb.org* or pick up a registration form at the information desk in the commons. Call the parish office if you have any questions.



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