

Sacrament of Confirmation for Teens



The **Sacrament of Confirmation** is one of the seven sacraments where we receive a special outpouring of God's life into our souls. Along with Baptism and Eucharist, it is one of the three sacraments of initiation. In Confirmation, we receive a sealing of the gift of divine life received in Baptism and a special outpouring of the Holy Spirit. After receiving Confirmation, we are strengthened with an outpouring of God's love that helps us follow Him every day and be a witness of His love to those around us.

In the Diocese of Richmond, the Sacrament of Confirmation is typically conferred in 10th grade, however, teens who are in 11th and 12th grade may also receive the Sacrament. We invite all teens in grades 10th – 12th to discern the choice to receive the gift of the Sacrament of Confirmation.

What are the components of Youth Confirmation preparation?

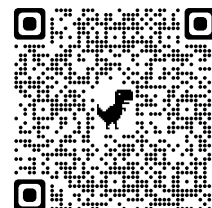
- Attend weekly Mass and Holy Days of Obligation
- Confirmation Preparation Orientation meeting (Parent and Teen)
- Confirmation Preparation Sessions
- Confirmation Retreat
- Confirmation Rehearsal and Liturgy
- Concurrent enrollment in LifeTeen/High School youth ministry

Please Note: *Holy Spirit teens interested in Confirmation Preparation, regardless of which High School they attend (public, private, homeschool or CHS) should register at Holy Spirit.*

What forms need to be turned in?

- Parish Registration Form (if not already registered)
- Life Teen & Confirmation Registration (when registering for Life Teen please select that you are preparing for Confirmation)
- Baptismal Record with First Communion notations (*if teen has not received Baptism or First Communion at Holy Spirit*)
- Sponsor Attestation Form

[Register for Life Teen & Confirmation here or use this QR Code](#)



Canonical Requirements of being a sponsor:

- Must be at least 16 years old.
- Must be a fully initiated Catholic and have received the Sacraments of Baptism, Confirmation and Holy Eucharist.
- Must practice the faith (go to Mass every Sunday, receive Reconciliation at least once per year, pray daily etc.)
- Must be married in the Catholic Church OR single and living a chaste life.
- MUST NOT be parent of the Candidate

Expectations of the Sponsor:

- submit the Confirmation Sponsor Attestation Form (responsibility of the sponsor to complete)
- to attend the Confirmation rehearsal and Confirmation liturgy (dates to be decided)
- to live a strong example of the faith for their candidate

Important Dates to Attend:

Teen/Parent Information Session	October 16	1:00 PM
Session 1	November 8	7-8:30 pm
Session 2	November 15	7-8:30 pm
Session 3	December 6	7-8:30 pm
Session 4	December 13	7-8:30 pm
Session 5	January 10	7-8:30 pm
Session 6	January 17	7-8:30 pm
Retreat	January 27-28	Friday: 6-9 pm Saturday: 9-6 pm
Session 7	February 7	7-8:30 pm
Session 8	February 14	7-8:30 pm

Confirmation Mass *to be determined

Confirmation Rehearsal *dependent on Confirmation Mass schedule

Mystagogy *week after Confirmation Mass